

# KAISERSLAUTERN AMERICAN

FEBRUARY 12, 2010

HAVE YOU READ YOUR **KA** TODAY?

VOLUME 34, NUMBER 6



Photo by Airman Desiree Esposito

Kylie Frank, daughter of Lt. Col. Seth Frank, 86th Security Forces Squadron commander, runs the Haiti Relief 5K Feb. 5 on Ramstein. The 5K run/walk, sponsored by the Ramstein Company Grade Officers' Council and the 450th Intelligence Squadron Booster Club, was used to raise money to support the Haiti relief efforts.

## Ramstein runs for Haiti

by Airman 1st Class  
**Alexandria Mosness**  
86th Airlift Wing Public Affairs

**T**eam Ramstein did not let inclement weather stop them from running hard to raise money for disaster relief operations in Haiti with a 5K run Feb. 5 on Ramstein.

The Company Grade Officers' Council and the 450th Intelligence Squadron Booster Club sponsored the Help for Haiti 5K, which raised more than \$8,000.

"Our main goal was to raise awareness and funds for Haiti," said Staff Sgt. Vince Newland, 450th IS imagery intelligence program manager and main coordinator for the run. "Anything we can do to help out with the disaster will benefit them."

The Haiti earthquake struck more than a month ago, but this was the first official fundraiser Ramstein has held.

"When we brought up the idea of doing a run to help raise money for Haiti, everyone was very excited," said Capt. Mindy Black, 450th IS mission

**“** This is a great Team Ramstein effort. Air Force and Army, active duty and Reserves, military and civilians have joined together for a great cause.”

— Brig. Gen. Mark Dillon  
86th Airlift Wing and KMC commander

management flight commander. "It was a high priority for everyone. We want people to know the Kaiserslautern Military Community has high priority for people throughout the world and helps those in need wherever they may be. We as servicemembers have to be part of a group that is socially aware and have the heart to help."

Though the run was put together quickly, this did not stop KMC members from coming out in full force.

"We have more than 200 people who showed up today and have raised over \$8,000 in relief for Haiti," Sergeant Newland said.

See DISASTER RELIEF, Page 8

## Senior leader engagement leads officials to Algeria

Story and photos by  
**Maj. Paula Kurtz**

U.S. Air Forces Africa Public Affairs

Bilateral discussions, a C-130J static display and a media roundtable event were part of the agenda of U.S. Air Forces Africa's latest senior leader engagement visit to Algiers, Algeria, Jan. 25 to 27.

Seventeenth Air Force Commander Maj. Gen. Ronald R. Ladnier and his team of advisers and support personnel kicked off the visit with a C-130J

static display and tour for Algerian air force pilots, engineers and maintenance officers.

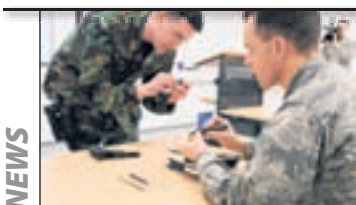
"I was really surprised at the number of questions they had about the aircraft," said Staff Sgt. Kyle Smart from the 86th Aircraft Maintenance Squadron. "The questions were very detailed and specific and you could tell they have a lot of experience with the C-130."

Maj. Lakehal Mostefa, who

See ALGERIA, Page 3



Gen. Abdelkader Lounes, Algerian air force chief of employments and operations, and Maj. Gen. Ronald Ladnier, U.S. Air Forces Africa commander, sit down for bilateral discussions during a senior leader engagement Jan. 26 in Algiers, Algeria.



General receives special pistol during ceremony, Page 8



Ramstein hosts annual Fasching parade, Page 17



Prayer breakfast offers chance to face winter, fear, Page 20



Fasching parades on until Tuesday, Page 20

NEWS

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NEWS

LIFESTYLES

# Host nation partnerships vital to operational success

by **Brig. Gen. Mark Dillon**  
86th Airlift Wing and KMC commander

**Y**ou and your families' hard work and selfless sacrifice are vital to the Air Force mission. This week I want to remind you of another vital partner in our Air Force mission – our U.S.-German host nation partners. Our host nation teammates are here in today's fight and will be there for tomorrow's challenges.

We interact daily with our gracious German hosts in work places across the KMC, in local villages and around the region. Everyday operations work well between our joint services, headquarters, combatant commands and other partner nations because our hard-working German employees provide competency and continuity across the KMC.

Nearly 6,500 host nation employees directly contribute across the KMC working in various units from the flightline to the food line. In fact, just recently we paid tribute to more than 117 of our host nation employees during our annual length of service ceremony. Six of those employees we honored have served for an incredible 40 years or more with the U.S. military.

We benefit from their vast experience, knowledge and insight, as well as the diversity they add to our daily work environment, making them absolutely critical to getting many jobs done within the KMC.

We are also blessed to have such close relationships with our local hosts who support us in our many off-base housing areas. They keep our families, our homes and our belongings safe through rental agreements and vigilant traffic, fire and police services.

We also partner with our host nation on the municipal level not only in the greater Kaiserslautern region but also at the state government level. Recently, Air Force and Army leadership have made numerous announcements affecting the greater KMC and our hosts.

They include: transfer of the military installation Heuberg (part of former Sembach Air Base) from the Air Force to the Army, the potential move of Landstuhl Regional Medical Center, the combined 435th Air Ground Operations Wing and 86th Airlift Wing Operational Readiness Exercise, and increased nighttime flying operations in sup-



Photo by Airman 1st Class Brea Miller

**Brig. Gen. Mark Dillon, 86th Airlift Wing and KMC commander, talks to German officials during a recent mayor's forum.**

port of the NATO build up in Afghanistan between now and August. As usual, our hosts were gracious in their understanding of these complex issues and will ultimately help us achieve the best solutions to these and other challenges ahead.

We are so very fortunate to have such a successful partnership with our German hosts.

We will continue to work with host nation employees and community officials to ensure our close communications continue to generate goodwill, friendship and understanding.

Our host nation partnerships are integral to our fly, fight and win mission.

I encourage all of our KMC members to give thanks to our community partners and their families for their continued support of our military mission here in Europe.

Take time to give back, interact within your local communities and be active in the many events that take place throughout Germany.

One way to say thanks happens next week during the German "fifth season." At 2:11 p.m. Tuesday, come out to Ramstein-Miesenbach and witness a local Fasching parade.

As always, thanks to you and your families for serving our great nation while forward deployed in Europe. I hope to see you soon around the KMC.

## Ramstein Airman among Sijan award winners

**RANDOLPH AIR FORCE BASE, Texas** — Air Force officials have recognized four Airmen with the service's 2009 Lance P. Sijan Air Force Leadership Award.

The Sijan award annually recognizes Airmen who demonstrate outstanding leadership abilities. The junior officer category winner is Capt. Rachel M. Phillips, who is assigned to Sembach with the Air Force

Office of Special Investigations.

Captain Phillips expertly developed, planned and executed robust strategic-level counter-intelligence operations to neutralize hostile intelligence and terrorist groups.

During her last deployment, Captain Phillips led more than 50 missions into hostile territory in Afghanistan, which resulted in the elimination of seven Taliban leaders from the battlefield.

The Lance P. Sijan award was first presented in 1981. It is named in honor of the first U.S. Air Force Academy graduate to receive the Medal of Honor.

Captain Sijan was shot down over Vietnam on Nov. 9, 1967, and evaded capture for 45 days despite severe injuries. He later died while in a Vietnamese prisoner-of-war camp and was presented the Medal of Honor posthumously for his heroism.

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AdvantiPro staff reserves the right to edit all submitted material.

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•Sports articles and photos – noon Monday for that same week's edition

•Free (space available) Classifieds – noon Tuesday for that same week's KA

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# Exercise tests 7th CSC's ability to rapidly deploy

by 1st Lt. Audra Cobb

7th CSC Unit Public Affairs representative

Rain, sleet and snow and below-freezing temperatures did not prevent the Soldiers of the 7th Civil Support Command's Incident Management Team from participating in Bavarian Thunder 2010, a training exercise that culminated Jan. 25 to 28 at the Deployment Processing Center on Rhine Ordnance Barracks. This exercise focused on deployment of personnel, equipment and vehicles.

The 7th CSC's IMT, along with Commanding General Brig. Gen. Jimmie Jaye Wells and Soldiers from supporting units, including the 1172nd Movement Control Team, the 406th Human Resources Command, the 773rd Civil Support Team and the 457th Civil Affairs Battalion, participated in the exercise to hone and expedite

deployment procedures of the command and control entity within an austere environment.

"The training is valuable and pertinent to our mission, especially the training we had on the Tactical Personnel System," said Staff Sgt. John Stymiest, 406th Human Resources Command.

Sergeant Stymiest and the 406th HRC's mission was to process Soldiers in and out of the DPC and properly maintain the manifest until the unit departed Germany.

The IMT's mission was to proceed through the DPC for three days in order to assess the unit's deployment capabilities and strengthen and validate certain applicable sections of its tactical standard operating procedures. The exercise assisted the IMT, made up of 38 active Guard Reserve Soldiers and emergency essential civilians, to prepare for rapid response and deployment

to a foreign consequence management mission.

The IMT key leaders received an exercise warning order to respond and deploy to an earthquake scenario exercise and report to the DPC to process and load personnel, vehicles and equipment pallets onto mock C-130 aircraft. This training provided an insight into what the unit would actually need in preparation for a real-world deployment.

Upon arrival at the DPC, the IMT moved into the personnel holding area before receiving an in-depth brief from DPC director Augustine Olive. Mr. Olive's team guided the unit on a quick visual run-through of each of the processing stations followed by a demonstration on the correct methods for palletizing and loading individual storage units in preparation for loading onto a C-130 aircraft.

As the 7th CSC completed the

DPC portion, equipment, vehicles and personnel redeployed back to Daenner Kaserne. The IMT wrapped up the exercise by conducting a series of after-action reviews to revise and refine its tactical deployment SOPs. The entire exercise and operation was a great experience for Soldiers and civilians alike. Going through each stage provided a perspective on where the IMT needed to focus for the next exercise or real-world mission.

"This training is making us a better and a more cohesive team," said Sgt. 1st Class Dwight Pitts, the 7th CSC maintenance NCO in charge.

The information gathered from this operation will help the 7th CSC as it continues to revise and refine its mission of rapid alert, mobilization and deployment of foreign consequence management, command and control, civil support and civil affairs capabilities.

## ALGERIA, from Page 1

completed pilot training in the United Kingdom in 1997 and is now an Algerian air force instructor for the C-130H, looked at the C-130J with a critical eye.

"It seems to me very good – very simple and automatic in the cockpit," he said.

While many of the current cadre of Algerian C-130 pilots and engineers were qualified through courses in the U.S., such as Undergraduate Pilot Training, Basic Flight Engineer Training and C-130 Flight Engineer Training, the Algerian air force has now developed a curriculum to train all aircrew members in-house.

"We do classroom and simulator training for pilots, flight engineers, loadmasters and maintenance members," said Lt. Col. Bahlouli Nouredine, a C-130 instructor flight engineer.

In addition, the Algerian air force participates in bilateral operational training events with the U.S. In 2003, two C-130s from the U.S. and two from Algeria conducted training in Southern Algeria.

"We'll do flight exchanges where we have our pilots in your aircraft and yours in ours," Colonel Bahlouli said, noting that the forces practiced low-level flights, airdrop and night drop operations.

While Algeria and the U.S. have been diplomatic friends and partners for many years, U.S. Ambassador to Algeria David Pearce said, "military cooperation has come a long way in the last year." This is especially important given Algeria's role in the region as a leader in counterterrorism efforts. The military can be a catalyst for cooperation, especially when engaging with Algeria as partners in supporting their counterterrorism efforts, Ambassador Pearce said.

"The United States has been and remains

committed to working with these governments (in the Sahel region) to help combat terrorism and to help ensure stability in Algeria and in the wider region," said U.S. Africa Command's Gen. William Ward during a visit to Algeria in November.

Fighting terrorism since the 1970s, Algeria brings much experience to the table in this area and has worked with several neighboring governments to improve communications, logistics and overall interoperability, said Gen. Nour Eddine Mekri, director of the Direction des Relations Exterieures et de la Cooperation.

"Terrorists and organized crime are wrapped together," said Gen. Mekri in French to a translator. "To fight this, exchanging information between you and our military is very valuable."

General Ladnier agreed and reiterated Gen. Ward's commitment of support.

"We know terrorism is like a disease. It affects everything from economic development to future generations," he said. "We value our friendship with Algeria and want to be a good partner in that fight. We're here to listen and to ask how we can be helpful."

The engagement wrapped up with a media roundtable event held at the U.S. Embassy that was attended by reporters from six Algerian news outlets. Reporters queried General Ladnier on the purpose of his visit, the topics discussed with Algerian leaders and what he sees as the way forward for the budding relationship.

"The No. 1 thing we've learned about terrorism is that the terrorists talk and share techniques, and those techniques change every day," General Ladnier said. "That's why we're interested in learning from and working with Algeria, because like Algeria, we're interested in peace, security and economic development. We're in agreement with your leaders that we need to meet again and plan for future activities between our air forces."



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# KMC BLOTTER



## AADD weekend statistics

Feb. 5 – 15 volunteers, 37 lives saved

Feb. 6 – 22 volunteers, 86 lives saved

### Feb. 1

11:27 a.m.: A Soldier was involved in a major vehicle accident with a local national after he lost control of his vehicle in Weilerbach. The accident resulted in disabling damages to both vehicles and the Soldier was transported to LRMC for neck, back and knee injuries.

3:42 p.m.: An Air Force NCO was apprehended for failing to pay for gas on Pulaski Barracks.

### Feb. 2

5:01 a.m.: An Air Force NCO was involved in a minor vehicle accident after he struck a boar on the L-369. The accident resulted in minor damages to the vehicle.

8:02 a.m.: An Air Force NCO was involved in a major vehicle accident with a Soldier on Vogelweh Family Housing. The accident resulted in disabling damages to the Air Force NCO's vehicle and minor damages to the Soldier's vehicle.

7:57 p.m.: An Airman was apprehended after a verbal altercation between him and his

spouse turned physical on Vogelweh Family Housing.

8:41 p.m.: An Airman was apprehended for drunken driving after he was involved in a major vehicle accident in Mackenbach. The accident resulted in disabling damages to the vehicle.

### Feb. 3

12:56 p.m.: An Army officer reported possible credit card fraud after she noticed an unknown person had charged \$4,000 to her card from an unknown location in Canada.

5:40 p.m.: Two Airmen were apprehended for assault after a verbal argument turned physical in Ramstein-Miesenbach.

### Feb. 4

2:31 p.m.: An Air Force SNCO was apprehended for fleeing the scene of a minor traffic accident. Investigation revealed the SNCO had struck a traffic pole in Kaiserslautern and failed to report.

6:15 p.m.: A Soldier was involved in a minor vehicle accident with an unknown person on Rhine Ordnance Barracks.

### Feb. 5

10:15 a.m.: An Air Force NCO was involved in a minor vehicle accident after he struck a concrete wall while backing out of his driveway. The accident resulted in minor damages to the vehicle.

10:30 a.m.: An Air Force NCO was apprehended for failure to obey an order/regulation after she allowed an individual to operate her USAREUR-plated vehicle without a valid USAREUR driver's license.

8:59 p.m.: An Army officer's spouse was apprehended in Erlenbach for assault after a verbal altercation turned physical.

### Feb. 6

10:34 a.m.: A Soldier was involved in a major vehicle accident on Miesau Army Depot. The Soldier was exiting the installation and struck a hand crank attached to the gate.

8:06 p.m.: A Soldier was apprehended for failing to render payment after he traveled by rail from Landstuhl to Kaiserslautern.

### Feb. 7

1:48 a.m.: A Soldier was assaulted by an unknown person in Kaiserslautern.

2:59 a.m.: An Army officer was apprehended for assault, resisting apprehension and conduct unbecoming of an officer after he assaulted a police officer in Kaiserslautern.

### Conviction information

- Two dependents were barred for use of a controlled substance.

- An 86th services employee was terminated from work and barred for use of a controlled substance.

**Come on home. Sunday Mass is special with the community of Our Lady Mercy at LRMC Chapel**

0900 Sunday Catholic Mass at Landstuhl Community Chapel  
1200 Daily Mass at Landstuhl Community Chapel (Monday-Friday)  
For information call USAG-K DSN 493-4098 or 0631 3406 4098  
Landstuhl Community Chapel is located next to the Dining Facility and Food Court

### Closures

- The KMC Housing Office will be closed Monday for an American holiday. Normal hours will resume at 7:30 a.m. Tuesday.

- All Service Credit Union branch offices will be closed Monday in observance of Presidents Day. Offices will resume normal hours of operation on Tuesday.

### Outstanding Airmen of the year

Preparations are underway to recognize the command's finest at the U.S. Air Forces in Europe 12 Outstanding Airmen of the Year banquet, which will be held April 2 at the Ramstein Officers' Club. This year's theme is "Building Partnership Capacity." More information will be announced in the upcoming weeks.

### POV storage during deployments

U.S. Army Garrison Kaiserslautern's Directorate of Logistics reminds Soldiers that its privately-owned vehicle storage unit closed permanently in December. For more information on how to store POVs during deployments, Rear Detachment Units can

call the garrison's transportation officer at 483-8259 or 0631-411-8259.

### Army NSPS town hall

U.S. Army Garrison Kaiserslautern's Directorate of Human Resources hosts a National Security Personnel System town hall from 10:30 to 11:30 a.m. Wednesday at the Kaiserslautern Community Activity Center on Daenner Kaserne. This is only for garrison NSPS supervisors and employees. For details, call Elizabeth Rankin at 493-4267 or 0631-493-4267.

### Current off-limits list

The following establishments or individuals within the KMC are off-limits to U.S. forces personnel:

- Tuncay and Perihan Altay (Club Lounge Stage), Harderwald 13, Kaiserslautern
- Alex Burghammer (car sales), Im Bachgraben 11, Landstuhl
- Mohammad Koohi (Arya Club), Steinstrasse 56, Kaiserslautern
- Martin Massa (cleaning business), Turnerstrasse 70, Kaiserslautern

- James Brown (cleaning business), Obergasse 20, Weilerbach

- Gisela Smith and Herbert Sator (dog sellers), Steinwendener Strasse 23a, Kottweiler

- Angelika Picker (AP Bausysteme), Kaiserstrasse 15, Pirmasens

- Brigitte Weinand (daycare), Weberstrasse 21, Kindsbach

U.S. forces personnel are prohibited from entering areas and establishments or conducting business with firms or individuals listed above except as required by official business. Personnel who violate this prohibition are subject to punishment under the Uniform Code of Military Justice.

### H1N1 vaccine

The Ramstein Immunization Clinic now has the H1N1 vaccine available for active-duty members, Department of Defense civilians, retirees and dependents between the ages 6 months and 64 years. Visit the clinic from 7 a.m. to 4 p.m. Monday, Wednesday and Friday or 8 a.m. to 4 p.m. Tuesday and Thursday. For more information, call 479-2530 or 06371-46-2530.

# THIS WEEK'S TOP-TWENTY AT PCS!

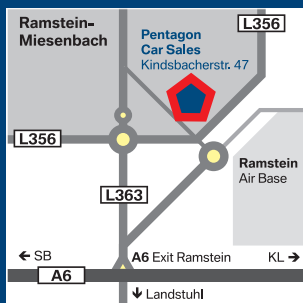


## Check out the SuperSaver Program Cars at Pentagon Car Sales - while stocks last!

Pentagon Car Sales' exciting SuperSaver Program offers selected US specification BMW and MINI stock and demonstrator models at prices even lower than the Military Sales Program!

	Type	Model	Color	USMSRP	Military Sales Price	Super Saver Price	Total Super Savings
1	New	2010 Mini Cooper	Oxygen Blue	\$ 21,700	\$ 19,850	<b>\$ 17,850</b>	<b>\$ 3,850</b>
2	New	2010 Mini Cooper S	Dark Silver	\$ 26,800	\$ 24,600	<b>\$ 22,600</b>	<b>\$ 4,200</b>
3	New	2010 128i Coupe	Black Sapphire	\$ 33,745	\$ 29,670	<b>\$ 27,670</b>	<b>\$ 6,075</b>
4	Demo	2009 Cooper S Cabrio	Chili Red	\$ 38,625	\$ 35,550	<b>\$ 32,010</b>	<b>\$ 6,615</b>
5	New	2010 328i Coupe	Alpine White	\$ 40,040	\$ 34,425	<b>\$ 32,425</b>	<b>\$ 7,615</b>
6	Demo	2009 328i Wagon	Alpine White	\$ 43,345	\$ 38,820	<b>\$ 35,245</b>	<b>\$ 8,100</b>
7	New	2010 135i Coupe	Alpine White	\$ 42,520	\$ 37,505	<b>\$ 35,505</b>	<b>\$ 7,015</b>
8	New	2009 335i	Space Grey	\$ 45,650	\$ 41,345	<b>\$ 39,345</b>	<b>\$ 6,305</b>
9	New	2010 328i xDrive Coupe	Titan Silver	\$ 47,680	\$ 41,805	<b>\$ 39,805</b>	<b>\$ 7,875</b>
10	New	2010 X3 xDrive 30i	Space Grey	\$ 48,655	\$ 42,280	<b>\$ 40,280</b>	<b>\$ 8,375</b>
11	New	2010 328i Coupe	Le Mans Blue	\$ 49,350	\$ 43,735	<b>\$ 41,735</b>	<b>\$ 7,615</b>
12	Demo	2009 335i Coupe	Montego Blue	\$ 51,275	\$ 46,550	<b>\$ 41,915</b>	<b>\$ 9,360</b>
13	New	2010 328i Coupe	Le Mans Blue	\$ 50,500	\$ 44,885	<b>\$ 42,885</b>	<b>\$ 7,615</b>
14	Demo	2009 Z4 sDrive 30i	Deep Sea Blue	\$ 56,320	\$ 50,545	<b>\$ 45,510</b>	<b>\$ 10,810</b>
15	New	2010 528i xDrive	Platinum Grey	\$ 53,625	\$ 45,710	<b>\$ 43,710</b>	<b>\$ 9,915</b>
16	New	2010 335i xDrive Coupe	Black Sapphire	\$ 52,550	\$ 45,765	<b>\$ 43,765</b>	<b>\$ 8,785</b>
17	Demo	2009 X5 xDrive 30i	Platinum Bronze	\$ 58,125	\$ 53,380	<b>\$ 49,150</b>	<b>\$ 8,975</b>
18	Demo	2009 X5 xDrive 30i	Titan Silver	\$ 58,675	\$ 53,650	<b>\$ 49,375</b>	<b>\$ 9,300</b>
19	New	2010 Z4 sDrive 35i	Alpine White	\$ 62,550	\$ 55,425	<b>\$ 53,425</b>	<b>\$ 9,125</b>
20	Demo	2009 M5	Carbon Black	\$ 98,660	\$ 87,735	<b>\$ 75,000</b>	<b>\$ 23,660</b>

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# The four engine dive bomber

by Dr. Marshall Michel  
86th Airlift Wing historian

GenLt. Walther Weaver, the Luftwaffe's first chief of staff, was an advocate of a long-range strategic bomber. After his demand for the development of the previously discussed Ural bombers, he followed with a more ambitious requirement, the Bomber A, for an even faster and more modern long-range bomber.

In 1936, the Heinkel Company set to work on Bomber A, but before a prototype was built, Weaver was killed in a plane crash and his successor instead changed the focus to dive bombers and twin-engine medium bombers.

Heinkel was allowed to continue with the project but on Nov. 5, 1937, Ernst Udet, chief of the Luftwaffe's development wing and the major proponent of the dive bomber, told Heinkel the bomber, now designated the He-177 "Grief" (Griffin), had to be able to perform 45 degree dive bombing attacks.

Heinkel knew a normal aircraft of this size would require 4,000 horsepower to meet its performance goals, and this meant – given the engines of the time – four engines. But it would be impossible to build a wing strong enough to support four engines in the high G pull out from a 45 degree dive bombing attack.

Heinkel's chief designer, Siegfried Gunter, thought he knew a way out. He had designed the Heinkel He-119 high-speed racer, which had a pair of Daimler Benz engines mechanically coupled together and mounted in a slim fuselage and driving a single propeller, making it look like a single engine aircraft.

Gunter modified the He-177 to have each nacelle carry two engines.

To avoid heavy and drag producing cooling radiators, he added an evaporative cooling system that ducted away hot water from the engines and fed it through pipes in the wing where it was cooled by the airflow then returned.

But the evaporative cooling system was quickly seen as inadequate and dropped in favor



Photo courtesy of the U.S. Air Force

A production He-177 is seen here. Note the single nacelle that housed two engines and the awkward landing gear.

of conventional radiators in each nacelle, which added significantly to the weight and drag.

On Nov. 9, 1939, the first prototype He-177 VI made its first flight, and the first tests showed the four engine/two nacelle combination provided a substantial reduction in drag, making it possible to dive bomb as well as making the aircraft quite maneuverable.

However, the initial flight was terminated abruptly after only 12 minutes as a result of overheating engines, foreshadowing the problems that were to make the He-177 one of the worst aircraft of World War II.

To reduce drag, the engine nacelles had to have a small diameter, partially achieved by having a single central exhaust manifold between the two inner cylinder banks of the engines. Not surprisingly, this manifold became very hot and regularly caused the normal accumulation of oil in the nacelle to ignite. Adding to the problem was another concession to the small diameter nacelle – no firewall.

The cramped nacelle also had insufficient space for the fuel and oil lines, which resulted in kinks and leaky connections, and a poorly designed fuel pump that delivered extra fuel when the pilot throttled back, creating another fire hazard. The oil pump did not provide adequate lubrication and resulted in the disintegration of rod bearings, which then punctured the oil tanks and poured oil on to the hot exhaust pipe.

As if this was not enough, the design weight



skyrocketed. The large wing flaps cracked from the stress of dive bombing and need extensive strengthening, adding more weight, which required a redesign of the landing gear. The new design was so poor it took two hours to change just a tire.

The first Grief squadron was sent to the Eastern Front, but on the He-177s first 13 missions, seven crashed in flames without any action attributable to the enemy. They were later withdrawn and informally dubbed "Luftwaffenfeuerzeug," or Luftwaffe's petrol lighter.

Other He-177s were sent to the west and suffered a similar fate.

On one of their first missions – a raid on London on the night of Feb. 13, 1944 – 13 He-177s took off but eight had to return to base because of overheating or burning engines.

By late 1944, modifications had been made to eliminate the engine fires and the He-177 performed some useful service as carriers of anti-ship missiles. However, it was too late to have an impact on the war.

(For questions or comments, contact Dr. Michel at [marshall.michel@ramstein.af.mil](mailto:marshall.michel@ramstein.af.mil).)

## MILITARY Matters

### 1st Sergeants' Corner SPONSORSHIP

How important is your squadron's sponsorship program? It has been said that the impression you form in the first seven to 10 days after your arrival will remain with you for your entire assignment. So, how important is sponsorship? Very important.

Contact them early and do not rely just on e-mails. Find out about their needs and be available and responsive to their questions. It sounds so simple, but a lot of sponsors fail to place much importance on their responsibilities. Take it serious and make sure that those you sponsor actually feel welcome. And, if you

are sponsoring an Airman straight from tech school, remember, this is their first true impression of the Air Force.

### Construction

#### LANDSTUHL CONSTRUCTION

The State of Rheinland-Pfalz is planning the extension of Langwiedener Strasse, the road just outside of Landstuhl Regional Medical Center's Gate 2. The project will include three phases. The first phase began Feb. 8 and will last about two to three weeks. A detour has been established to enter and exit LRMC. The second and third phases will collectively last a couple of months.

## ENERGY TIP CORNER

THESE ENERGY-SAVING TIPS ARE PROVIDED BY HQ USAF CIVIL ENGINEER OPERATIONS OFFICE AND WILL RUN ON A WEEKLY BASIS.

There is a common misconception that screen savers reduce energy used by monitors. They do not. Automatic switching to sleep mode or manually turning monitors off is always the better energy-saving strategy.

# YoAFF: Program offers free financial aid to military spouses

The Military Spouse Career Advancement Accounts program, sponsored by the Office of the Deputy Under Secretary of Defense for Military Community & Family Policy, provides up to \$6,000 of financial assistance to military spouses pursuing licenses, certificates, credentials or degree programs leading to employment in portable career fields.

MyCAA is a Department of Defense initiative that provides a lifetime benefit of up to \$6,000 of financial assistance to military spouses. MyCAA pays tuition for education and training courses, and professional licenses, certifications and credentials. This includes state certifications for teachers, medical professionals and other occupations requiring recognized certifications; licensing exams and related prep courses; continuing education unit classes, including those offered through professional associations; and degree programs leading to employment in portable career fields. MyCAA also pays for high school completion courses, GED tests and English as a second language classes.

**Eligibility:** Spouses of DOD active-duty members and activated members of the National Guard and Reserve components who are on Title 10 orders are eligible to receive MyCAA financial assistance.

**Getting started:** Eligible spouses can establish a MyCAA account by visiting the MyCAA Web site at <https://aiportal.acc.af.mil/mycaa>. Once spouse profile information is provided, MyCAA will verify spouse DEERS benefit eligibility. Eligible spouses will be allowed to create their career and training plan and request financial assistance when they are within 30 days of course start dates. Additionally, spouses are responsible for applying to their selected school or program and enrolling in each course included in their approved MyCAA career and training plan.

### **Military spouses can help themselves:**

- Visit [www.careeronestop.org](http://www.careeronestop.org) to explore portable career fields and find schools that have programs of study leading to licenses, certificates and degrees.
- Find a school in the MyCAA Web site (<https://aiportal.acc.af.mil/mycaa>) by using the school search function. If the desired school is not listed, follow the directions shown at the end of the school search
- Establish and manage their MyCAA account at <https://aiportal.acc.af.mil/mycaa>, use MyCAA resources to create a career and training plan and apply for financial assistance.

### **School officials can help spouses:**

- Select a program of study and sources of exams for licenses and certificates.
- Select courses to include in their MyCAA career and training plan.
- Validate school and course information on the approved financial assistance request prior to course start dates to avoid billing problems.
- Submit grades or evidence of course completion to MyCAA within 60 days of course end dates.

**MyCAA career and education consultants (1-800-342-9647) can help spouses:**

- Explore career interests, evaluate school options and compare programs of study, including costs.
  - Review and approve their career and training plan.
- (Article courtesy of [www.militaryonesource.com](http://www.militaryonesource.com))

# 86th SFS team receives accolades for AOR service

by Airman 1st Class  
Alexandria Mosness  
86th Airlift Wing Public Affairs

The 86th Security Forces Squadron recently welcomed home a 13-person squad that served as a protective service detail for the NATO training mission at Camp Eggers, Afghanistan.

The team, led by Master Sgt. Jason Heilman, 86th SFS, received 13 various decorations while providing personal protection for senior military members.

"We were tasked to provide personal protection to the American general officers assigned to the Combined Security Transition Command," Sergeant Heilman said. "Each member of the team was selected by unit leadership to deploy in support of this tasking. This is a unique opportunity for security forces members and is in most cases a once-in-a-career opportunity."

Sergeant Heilman's squad was the first 86th SFS team to be chosen for this particular mission, said Lt. Col. Seth Frank, 86th SFS commander, but this did not stop the team from performing their best.

"We are extremely proud of how Sergeant Heilman's team represented the 86th SFS and Team Ramstein," the colonel said. "We are even happier to have them return home safely."

The team was also rewarded for their contribution downrange. The team was awarded five Bronze Star medals, six Joint Service Commendation medals and two Joint Service Achievement Medals.

"They clearly demonstrated U.S. Air Force security forces Airmen can contribute to the joint fight in Afghanistan," Colonel Frank said.

Guarding America's highest leaders comes with a lot of pressure, and the 86th SFS deployers handled it with ease.

"My entire team will attest to the fact that having the huge responsibility to protect the U.S. military senior leaders is an experience we will never forget," Sergeant Heilman said. "On a daily basis, we provided the generals with secure transportation, in armored SUVs, outside the wire to

meet with high-level Afghan officials."

Without these meetings, the generals would not be able to do their job, Sergeant Heilman added.

"These meetings were crucial to building and training the Afghan Security Forces," he added. "Due to the nature of conversation within the trucks, each member of my team had to be mature and understand what was said in the trucks was not to leave the truck. Having the general officers' trust was a very important part of what my team did."

And, protecting the generals was not always the safest task.

"While deployed, we witnessed suicide vehicle-borne improvised explosive devices, vehicle-borne improvised explosive devices and shoot-outs," Sergeant Heilman said. "It was our responsibility to know and understand the daily intel to avoid these situations."

These close experiences also made the members think of the bigger picture of life.

"My most memorable experience was feeling the vibration of a SVBIED that targeted an Afghan official," Sergeant Heilman said. "The screams and of the Afghan people that were affected by the explosive will remain with me forever and really puts life into perspective. You have to understand how precious life is and enjoy every minute of it."

To get through those hard times during the deployment, the members turned to each other.

"Our team grew very tight over the past seven months," Sergeant Heilman said. "We lived together, worked together, played together, but most importantly, we protected each other. It was truly an honor for me to serve with each and every member of my team."



Courtesy photo

Deployed Airmen from the 86th Security Forces Squadron, led by Master Sgt. Jason Heilman, display their medals. The team received 13 various decorations while providing personal protection for senior military members.

# General receives special pistol during ceremony

by Senior Airman Amanda Dick  
86th Airlift Wing Public Affairs

Since the Revolutionary War, general officers of the U.S. armed services have carried side arms for personal defense.

Under the U.S. Air Force General Officer's 9 millimeter Personal Defense Weapons Program, every general officer is entitled to a 9 millimeter Beretta that remains with them until they either give the weapon back or keep it upon retirement. The program is part of the U.S. Air Force Gunsmith Integrated Product Team at Lackland Air Force Base, Texas.

Keeping with historic tradition, KMC security forces members presented Brig. Gen. Mark Dillon, 86th Airlift Wing and KMC commander, with his general officer's pistol at a ceremony Feb. 4 at the Combat Arms Training Facility on Vogelweh.

Master Sgt. Michael Lund, 86th Security Forces Squadron operations superintendent, and Tech. Sgt. Collin Keller, 86th SFS security forces armory NCO in charge, bestowed the general with his Beretta, including an upgrade from a leather holster and magazine holder to a local tactical holster.

"Wow, it looks fantastic. Not quite as good as Gen. Patton's though," General Dillon said, joking. "Hopefully, I can shoot as good as it looks."

The general conveyed his appreciation for all the work that had been done to obtain the weapon for him. But his visit didn't stop there – he had to give it a "test drive."

After the presentation, General Dillon was given a refresher course by Tech. Sgt. Richard Soloman and Staff Sgt. Nathan Drumm, 569th U.S. Forces Police Squadron combat arms cadre members, and then headed out to the firing range to get familiar with his new weapon.

Afterward, the general and eight members from the 569th USFPS took part in a friendly competition. They fired 50 rounds total and shot from several positions, including weak-hand and strong-hand firing, something General Dillon had never done.

But in the end, there could only be one winner, and that person was Staff Sgt. Dean Le, 569th USFPS combat arms cadre member.

"It was a fun time having the competition with the general, other combat arms instructors and



Photo by Airman 1st Class Brea Miller

Staff Sgt. Nathan Drumm, 569th U.S. Forces Police Squadron Combat Arms training and maintenance officer, instructs Brig. Gen. Mark Dillon, 86th Airlift Wing and KMC commander, on his Beretta Feb. 4 on Vogelweh. Under the U.S. Air Force General Officer's 9 millimeter Personal Defense Weapons Program, every general is entitled to a pistol for personal defense.

some of our security forces members," he said. "I wasn't really trying to compete against him, primarily. But sometimes we get some good shooters out here, and they show me up."

After the competition was over, 569th USFPS Commander Maj. Christopher Broman presented General Dillon with a red combat arms hat, designed specifically for him, and a 569th security forces brassard.

## 21st TSC Public Affairs Office wins USAREUR-level journalism awards

by Sgt. Maj. Cameron Porter  
21st TSC Public Affairs

The 21st Theater Sustainment Command picked up more than a dozen awards in print and broadcast journalism during the U.S. Army Europe 2009 Maj. Gen. Keith L. Ware Public Affairs Competition.

This year's big winners from the 21st TSC were its electronic newsletter, "First in Support," which won first place in the Web-based publications category, and the 21st TSC Web site, which won second place in the same category. The 21st TSC's Millrinder magazine received a second place award in the magazine category.

Individual awards were also presented to several 21st TSC Soldiers and civilians.

Sgt. Jonathan Pruet of the 21st TSC's public affairs office earned USAREUR's Military Broadcast Journalist of the Year award, and Sgt. Adrienne Killingsworth of the 18th Military Police Brigade's PAO earned the "Rising Star" Award for Outstanding New Writer.

Sergeant Pruet also earned a first place award for radio spot production and an honor-

able mention for TV spot production. Individual first place USAREUR print awards also went to the 21st TSC's Sgt. Frank Sanchez III, who was named top stringer writer, Spc. Jason Nolte, who earned the No. 1 stringer photographer title, and Angleika Lantz, who earned a first place award in the feature article category. Ms. Lantz also won a second place award in the news article category.

An individual first place USAREUR broadcast award went to Sgt. Jesse Granger from the 7th Civil Support Command PAO in the radio news report category.

Rounding out the individual USAREUR wins for the 21st TSC were Sgt. Fay Conroy and Spc. Amanda Rigdon. Sergeant Conroy received a second place award in the feature article category and a third place award in stand-alone photo. Specialist Rigdon received a second place win in the stringer writer category.

The annual contest is named for a World War II Medal of Honor recipient and former Army chief of information who was killed in action in Vietnam.

(Some of the information in this article was provided by the USAREUR Public Affairs Office)

### DISASTER RELIEF, from Page 1

There were many in attendance from spouses to children and even pets, banding together to show support for a greater cause by running or walking.

For some, the reasons for participating hit home harder than others.

"Both of my parents are missionaries in Haiti," said Heather Gray, a participant in the run. "They were both there when the earthquake hit. They were able to get out, but my dad has gone back since then, so I have decided to run today. I am not a runner, but this really means something to me to be out here."

From Air Force to Army, KMC members continued to do what they do best during a time of need – help.

"This is a great Team Ramstein effort," said Brig. Gen. Mark Dillon, 86th Airlift Wing and KMC commander. "Air Force and Army, active duty and Reserves, military and civilians have joined together for a great cause. It's amazing how Americans come together to help out our Haitian brothers and sisters. Despite the rainy weather, everyone had a great attitude."

Individuals looking for other options to donate to help relief operations in Haiti can call the local American Red Cross at 480-5464.



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# Spotlight

## on 86th Services

### ARTS & CRAFTS

**Ramstein • Bldg 552 • 480-6534**  
 • Intermediate Crochet: 18 Feb,  
 \$25, 1100-1230

### BOWLING CENTER

**Ramstein • Bldg 2139 • 480-5547**  
 • Ladies 8-Pin No Tap: 1-28 Feb, \$10  
 • Cosmic Bowling: 13 Feb, 1900-2300  
 • Sweethearts Double: 14 Feb, 1230  
 • Presidents Day: 15 Feb, 1200-2200  
**Vogelweh • Bldg 2060 • 489-6543**  
 • King of the Hill: 13 Feb, 1300  
 • Presidents' Day Special: 15 Feb,  
 1200-2100, \$5 for 2 games and shoes  
**Sembach • Bldg 104 • 496-7569**  
 • Valentine's Day Delight: 16 Feb

### COMMUNITY CENTER

**Ramstein • Bldg 412 • 480-6600**  
 • Flea Market: 13 Feb, \$15 per table,  
 1000-1400  
 • Lunch Time Cash Bingo: 16 Feb, 1100  
 • Play Social: 17 Feb, 1000-1200  
 • Improv Comedy Night: 19 Feb, \$7, 2000  
**Vogelweh • Bldg 2059 • 489-7626**  
 • Indoor Flea Market: 20 Feb, 0930-1300

### ENLISTED CLUB

**Ramstein • Bldg 2140 • 480-2333**  
 • Speed Dating: 12 Feb, 1830 in Martini's  
 • TGIF Wheel of Fortune: 19 Feb, 1700-2000

### KAISERSLAUTERN ROD & GUN CLUB

**Vogelweh • Bldg 2960 • 489-7274**  
 • Archery Course : Fridays, \$50, 1700-1900

### OUTDOOR RECREATION

**KMC Center • 480-5705**  
 • Wingman Wednesday Ski/Board Trip:  
 17 Feb, \$35  
 • Swiss Adventure Weekend: 13-15 Feb, \$295  
 • Kids Aqua Climb: 16 Feb, 1000-1600  
 • Olympic Wall Party (Adult Only): 19 Feb,  
 \$20, 2000-2400

### RTT TRAVEL

**KMC Center • 480-6330**  
 • Rhine River Castles: 10, 13 & 18 Feb  
 • Prague & Karlovy Vary: 12-14 Feb  
 • Valentine's Rhine: 14 Feb  
 • Carnival in Mainz: 15 Feb

### YOUTH CENTER

**Ramstein • Bldg 428 • 480-6444**  
 • Kid's Night Out: 10 Feb, \$10, 1830-2130  
**Vogelweh • Bldg 1057 • 489-6504**  
 • Mega Kid's Night Out: 19 Feb, \$15,  
 1830-2300 sign-up by 17 Feb

### TEEN CENTER

**Ramstein • Bldg 428 • 480-6444**  
 • Teen Ski Trip to France: 12-15 Feb, \$50  
**Vogelweh • Bldg 2059 • 489-6155**  
 • Teen Hop to Lakenheath: 12-16 Feb  
 • Teen Party: 19 Feb, \$5

### NEW!!! J.R. Rockers Dugout

*Come and get your quick and delicious  
 lunch at J.R. Rockers Sandwich Shortstop.*  
**Members-\$5.95**  
**Non-Members-\$7.95**

### Irish Night

*Every Thursday at J.R. Rockers*  
**Weekly \$100 money drop,**  
*if you can catch it you can keep it!*

### Valentines Day Brunch

*14 February at*  
**Woodlawn Golf Course**  
*Come and enjoy smoked ham,*  
*desserts galore, and each lady*  
*will receive a flower.*

10 a.m.-noon  
**Daily!**  
**Mom & Tots  
 Bowling**

Moms with tots 5 yrs and under ...  
 • \$1 per game • \$1 shoes  
 • Tots FREE

Vogelweh Bowling Center  
 Bldg. 2060 • 489-6543 • 0631-536-6543

Ramstein Community Center  
 presents  
**Lunchtime  
 Cash Bingo**

**February 16**  
 11:30 a.m.-1 p.m. • Doors open 11 a.m.  
 Lunch Time Cash Bingo is back,  
 win some hard cash  
 while having lunch on us!

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# New gate enhances quality of life on Ramstein

by Airman 1st Class Scott Saldukas  
86th Airlift Wing Public Affairs

Base personnel using the east gate on Ramstein as their primary entry and exit points were able to return to their normal traffic routes after the gate reopened Jan. 22.

The completion of the east gate construction ended almost two years of on-going entry point construction on the base.

And though the gate certainly looks more appealing, the renovations weren't about style, they were made to support the gate guards working around the clock to ensure base safety.

Prior to construction, gate guards were victims of the weather for long hours at a time. Improving the quality of their working conditions was crucial for their morale, said Andreas H. May, 86th Civil Engineer Squadron program flight deputy chief.

"A short term inconvenience was necessary to greatly improve the quality of life for personnel who perform this vital force protection function, ultimately making us all more secure," the deputy chief said.

Mr. May said the project was intended to serve dual purposes. First, was providing protection from the elements by building a canopy structure over the entire width of the east gate. Second, was the renovation of the guard house including the restrooms, heating systems and the lobby.

During construction, security forces members had to work out of two temporary gates that were not as efficient in handling the rush-hour traffic in the mornings or evenings, said Capt. Nicole Schatz, 86th Security Forces Squadron operations officer. They were out in the elements more, since the temporary facilities did not have all the amenities as the east gate.

"The troops did an outstanding job for what they had to work with. Moving into a temporary gate that was smaller wasn't the ideal situation," the captain said. "Shutting down the east gate completely allowed the contractors to work without traffic. If we hadn't, the construction project would have taken longer and would have caused more traffic issues."

Staying on track to complete the mission was the focus of the security forces members, but for the contractors, their focus was on working on the gate to get base security back up to par.

"Almost from start to finish, the construction contractor stayed on schedule until late December when bad weather delayed the completion of the east entry-control point for about a month," Mr. May said. "Fortunately, an extended break in the cold and snowy weather allowed the contractor to finish essential work before the opening in January."

Only minor list items remain for the completion of the upgrade. Construction will resume later this spring when weather improves and will not affect gate operations or traffic flow.

The minor inconveniences experienced by the KMC during all of the gate and road projects over the last two years is a small price to pay when compared to the quality of life improvements for security forces and the overall improvements of the traffic flow in, out and through Ramstein, Mr. May said.



Photo by Louis Pierce

Staff Sgt. John Williams, Frankfurt Gateway Reception Center liaison officer, leads travelers to the sponsorship bus waiting area. The reception center is part of 21st Theater Sustainment Command's Human Resources Sustainment Center-Europe.

## Reception center welcomes newcomers to Europe

by Karl Weisel  
U.S. Army Garrison Wiesbaden  
Public Affairs

**WIESBADEN, Germany** — They say first impressions are the truest, and members of the U.S. military's Frankfurt Gateway Reception Center at the Frankfurt Airport take that saying to heart.

"Our motto is world-class reception, and that's what we strive to provide through excellent customer service," said 1st Lt. Jacqueline Wood, executive officer for the reception center, which is part of 21st Theater Sustainment Command's Human Resources Sustainment Center-Europe.

When Soldiers and families come through the arrival gates at Frankfurt Airport, signs and liaison NCOs are on hand to make sure they are greeted and helped on their way to their destinations.

A team of 30 Soldiers and civilians work together to accomplish this mission at the Frankfurt Airport. With offices located in the Sheraton Hotel, Gateway Reception Center staff members are constantly on the move between the two airline terminals meeting arriving flights (about 42 daily), checking on those in the dedicated waiting areas in Terminal 1 and in the center, providing welcome briefings and arranging for any special circumstances such as overnight accommodations in the event of inclement weather or delayed transportation.

"We go above and beyond our duties to make sure Soldiers and families are taken care of from the moment they arrive until they make it to their final destination," said Sgt. Maj. Mike Fuller. "We try to do

everything we can to make this the best first impression for Soldiers and families new to Europe."

Roughly 800 Soldiers a month pass through the reception facility with that number surging to between 1,100 and 1,400 during peak times. Along with those Soldiers come thousands of bags, family members and pets.

Once the servicemember arrives at the airport, in the interest of safety and fiscal responsibility, they are required to use the sponsorship buses. The only exceptions are those servicemembers in the grades E9, chief warrant officer 5, O5 and above who may be released to their sponsors.

"A lot of times you get people who are really upset because they drove all the way from Bamberg or Grafenwöhr to pick up people, only to find that they are required to take the sponsorship bus," Lieutenant Wood said. "Really, the buses are the safest way to go, and sponsors could be doing something a lot more productive for their unit back at their installation. Plus the buses cut down on fuel and vehicle use."

The reception experts are also there to offer advice to travelers, such as not traveling in uniform for force protection reasons and making sure that they don't arrive at the airport on weekends or holidays.

Operations Specialist Richard Williams said ID cardholders can use the free sponsorship busses on a space available basis when traveling on leave to get to and from flights.

For more information about the reception center, send an e-mail to FrankfurtReceptionCenter@eur.army.mil or call 334-6915 or 069-69597-3815.



### Maintainers always on the go

Master Sgt. Jeff Carlson and Tech. Sgt. Will Reed, maintainers with the 153rd Airlift Wing, Wyoming Air National Guard, conduct maintenance on a C-130E Hercules Feb. 3 on Ramstein.

Photo by Airman 1st Class Grovert Fuentes-Contreras



Photo by Spc. Amanda Rigdon

### USAREUR CSM visits KMC

Sgt. 1st Class Herschel Gillins, 5th Quartermaster Company, 21st Special Troops Battalion acting first sergeant, explains the new Firefly Joint Precision Air Delivery System to Command Sgt. Maj. Roger Blackwood, acting U.S. Army Europe command sergeant major, Feb. 3 at the 5th QM Rigger Shed on Rhine Ordnance Barracks. Command Sergeant Major Blackwood toured the rigger shed as part of his visit to the KMC.



Photo by Senior Airman Tony R. Ritter

### NASA astronauts visit Ramstein students

U.S. Marine Corps Col. Charles Hobaugh, a NASA astronaut, speaks to a group of students at Ramstein Middle School Feb. 4. Colonel Hobaugh and a team of astronauts were on an 11-day tour of various schools throughout the KMC sponsored by Armed Forces Entertainment.



Photo by Airman 1st Class Alexandria Mosness

### STEP promotion

Brig. Gen. Mark Dillon, 86th Airlift Wing and KMC commander, awards Staff Sgt. Sarayuth Pinthong, 86th AW Public Affairs photojournalist, a STEP promotion to technical sergeant Feb. 2 on Ramstein. The Stripes for Exceptional Performers program recognizes outstanding individuals, instantly promoting them to staff, technical or master sergeant.





Silvia Mutterle, an accounting technician with the 266th Financial Management Center's Italy finance office in Vicenza, accepts a certificate from Maj. Gen. Patricia McQuiston, 21st Theater Sustainment Command commanding general, Feb. 3 on Kleber Kaserne.

## Finance tech receives 21st TSC civilian of the quarter award

Story and photo by Sgt. Fay Conroy  
21st TSC Public Affairs

For Silvia Mutterle, the first four months of the fiscal year have been very rewarding.

Ms. Mutterle was honored as the Civilian of the Quarter by Maj. Gen. Patricia McQuiston, 21st Theater Sustainment Command commanding general, Feb. 3 during a ceremony at the 266th Financial Management Center on Kleber Kaserne.

"If I were to use one word to describe it, it would be 'overwhelming,'" Ms. Mutterle said. "I don't do it for awards. I do it because it's what I'm supposed to be doing."

What she has done is work as an accounting technician with the Italy Finance Office in Vicenza for seven years. She also took on additional duties when her unit, E Detachment, 106th Finance Company, deployed.

"We had 17 Soldiers who deployed, so we had to move some civilians in and cross train them," said Capt. Amanda Miller, commander of E Detachment, 106th Finance Co., who has known Ms. Mutterle for four years.

Ms. Mutterle helped train the civilians brought in to replace the deployed Soldiers in addition to completing her regular duties and filling in at the cashier's cage.

"It was very well deserved," said Captain Miller about Ms. Mutterle's nomination for Civilian of the Quarter. "I am so glad they are recognizing her for her hard work."

Ms. Mutterle was also integral in helping distribute the new Eagle Cash cards that Soldiers must use downrange in lieu of debit cards or cash. Her office distributed 1,800 cards in Germany and 2,000 cards in Italy to deploying Soldiers.

Ms. Mutterle was nominated for the award by her supervisor, Juan Lomax, a finance and accounting officer at 266th FMC.

"I recognized that her attitude toward work is fabulous," he said. "She has a can do attitude. She can accomplish anything that I task her with."

In addition to her duties at the Italy finance office, she is a single parent with two daughters and has an interesting hobby training falcons and owls, which she says helps to center her and is a way to spend time by herself and relax.

# BLACK HISTORY MONTH

## THE HISTORY OF BLACK ECONOMIC EMPOWERMENT

In observance of Black History Month, the Kaiserslautern African American Heritage Committee will sign a proclamation with Brig. Gen. Mark Dillion, 86th Airlift Wing and KMC commander.

This year's national Black History Month theme is "The History of Black Economic Empowerment."

The need for economic development has been a central element of black life. After centuries of unrequited toil as slaves, African Americans gained their freedom and found themselves in the struggle to make a living. The chains were gone, but racism was everywhere. Black codes often prevented blacks from owning land in towns and cities, and in the countryside they were often denied the opportunity to purchase land. Organized labor shut their doors to their brethren, and even the white philanthropist who funded black schools denied them employment opportunities once educated.

In the South, whites sought to ensure blacks would only be sharecroppers and day laborers, and in the North, whites sought to keep them as unskilled labor.

Pushing against the odds, African Americans became landowners, skilled workers, small businessmen and women, professionals and ministers.

In the Jim Crow economy, they started insurance companies, vocational schools, teachers' colleges, cosmetic firms, banks, newspapers and hospitals. To fight exclusion from the economy, they started their

own unions and professional associations. In an age when individuals proved unable to counter industrialization alone, they preached racial or collective uplift rather than individual self-reliance.

The late-19th and early 20th centuries witnessed an unprecedented degree of racial solidarity and organization.

In 1910, a group of dedicated reformers, black and white, gathered to create an organization to address the needs of African Americans as they migrated to U.S. cities. The organization they created a century ago became what we all know as the National Urban League.

For a century, they have struggled to open the doors of opportunity for successive generations, engaging the challenges of each age. The KAAHC celebrates the centennial of the National Urban League by exploring racial uplift and black economic development in the 20th century.

Below is a listing of events that have been planned in observance of Black History Month. Every member of the KMC is welcome to join and further learn and dialogue about the creating opportunities for future economic successes.

- KAAHC Gospel Fest 2010, 7 p.m. Feb. 20, Vogelweh Chapel
- KAAHC Banquet, 6 p.m. Feb. 27, Ramstein Officers' Club

(Information courtesy of the Association for the Study of African American Life and History, [www.asalhh.org](http://www.asalhh.org))

**KAAHC ANNUAL BANQUET**

The Kaiserslautern African American Heritage Committee holds "The History of Black Economic Empowerment" annual banquet at 6 p.m. Feb. 27 at the Ramstein Officers' Club. Guest speaker will be Gen. William E. "Kip" Ward, commander U.S. Africa Command. Cost is \$31 for members and \$33 for non-members. Dress is semi-formal civilian attire.

For details and to purchase tickets, call Shon Barnwell at 480-6536 or Robert Forest at 478-6987 at Ramstein; Michele Johnson at 0631-413-8359 at Panzer Kaserne; Rodney Floyd at 0151-5286-6364 or Delone Mcneary at 06371-86-7058 at Landstuhl Regional Medical Center.

## USAREUR podcast offers advice from tax experts

**HEIDELBERG, Germany** — Taxpayers can get expert advice and information on filing their 2009 state and federal returns if they listen to a new tax podcast – a first in a new U.S. Army Europe podcast series.

The tax podcast features experts from the Heidelberg tax assistance center who offer tips and facts on topics such as common filing questions, recent changes to tax law and special considerations for filing taxes from overseas.

To download the podcast, go to the USAREUR homepage at [www.hqusareur.army.mil](http://www.hqusareur.army.mil) and click on the tax tips podcast link in the right column.

While you're at the USAREUR homepage, you can also click on the tax season button for answers to frequently asked tax questions and information on garrison tax centers throughout USAREUR.

(Information courtesy of Bill Roche, U.S. Army Europe)



Courtesy photo



## Wellness Night

Landstuhl Elementary/Middle School sixth-grader William Bowers demonstrates concentration and coordination at the Cup Stacking table during the school's second annual Wellness Night Thursday. Members of community health and wellness organizations presented everything from yoga for toddlers to cup stacking. There was dancing, nutritionist advice, BMI measurements, healthy snacks and more. The emphasis was on "whole person wellness," incorporating physical activity, mental health and spiritual wellness. The event was sponsored by the LEMS PTSA and chaired by middle school P.E. and health teacher Sandy Merchat.



Courtesy photo

## Cub Scouts visit AdvantiPro

Graphic designer Steven Casula gives Cub Scout Pack 243, Den 9 a demonstration on advertising design Feb. 4 during their visit to the AdvantiPro offices in Kaiserslautern. AdvantiPro is the publisher of the Kaiserslautern American, and the Scouts toured its offices to learn the process of how the KA is made each week. Den 9 is made up of first-graders who either attend Landstuhl Elementary/Middle School or have parents who work at Landstuhl Regional Medical Center.

# SCHOOL NOTES

## No school

- All KMC DODDS schools will be closed Monday for a federal holiday.
- There will be no school for all KMC DODDS students on Tuesday. All KMC teachers will be working on their continuous school improvement plans.

## P.A.C.E Track

Ramstein Middle School's P.A.C.E. Track begins March 8. A team of students will run 500 miles in 17 days for this event. All RMS students are encouraged to sign up with Coach Yost at school.

Students do not have to currently be enrolled in a physical education class. One of the lucky schools that finish the 500 miles will win \$500 for their school's P.E. program.

## KHS Black History Month

The Kaiserslautern High School hosts the Musical Tributes in Honor of African American History Month from 8:30 to 9:30 a.m. Feb. 24 at the Galaxy Theater on Vogelweh. There will also be soul-food served from 12:45 to 1:30 p.m.

Feb. 24 in the KHS Culinary Arts Room. For more information, call the school at 489-7300 or 0631-536-7300.

## Presidents Day Quiz

All U.S. Army Garrison Kaiserslautern libraries will test your knowledge with the Presidents Day Quiz that takes place until Feb. 20. All correct quizzes will be entered for a prize. This event is open to all first- through eighth-graders.

For more information, call 486-7322 or 06371-86-7322 or visit [www.mwrgermany.com](http://www.mwrgermany.com).

## Running with Paul

Ultra marathoner Paul Staso will be coming to Germany in less than a month to run 500 miles. During March, Paul will be stopping at many DODDS schools, including schools in Landstuhl on March 30.

Along with thousands of kids around the world, Ramstein Middle School students will be running "virtually" along with Paul. RMS will have a chance to compete for a \$500 scholarship for the school's P.E.

# COLLEGE NOTES

## New DLPT guidelines

In an effort to increase identified language proficiency among Airmen, the Foreign Language Proficiency Bonus is now authorized for seven additional languages under the Defense Language Proficiency Test if the member demonstrates and maintains proficiency at certain levels. The added languages now include Spanish and Tagalog, with a required score of 4/4 on both listening and reading and a required score of 3/3 on German, Italian, French, Korean, Russian and Portuguese. For scheduling and additional information, call the Ramstein Education Center at 480-2032.

## New DSST online exam

DSST announces the release and availability of the new Business Ethics and Society exam effective immediately. As with other DSST exams, the test will consist of 100 multiple choice questions and student have up to two hours to complete the exam. The exam is delivered in an electronic format. For scheduling, call the National Testing Center at 480-3085 or e-mail [ntc.ramstein@europe.ctcd.edu](mailto:ntc.ramstein@europe.ctcd.edu).

## Air Force Tuition Assistance program

The Air Force Military Tuition Assistance program is an important quality of life program that provides tuition and fees for college courses taken by active duty personnel during off-duty hours. TA is capped at \$250 per semester hour (or \$166 per quarter hour) and is restricted to a maximum of \$4,500 per fiscal year. The program is one of the most frequent reasons given for enlisting and re-enlisting in the Air Force. TA is authorized for active duty Airmen pursuing an educational goal. An education plan must be on file with the base Education Office. Tuition Assistance is authorized for college goals below the doctorate level. TA is not authorized for courses leading to a lateral or lower level degree than already possessed. Airmen must apply and be approved for TA prior to registering for a class unless cleared otherwise by the education services officer.

## CCAF graduation ceremony

The deadline to be a part of Community College of the Air Force's May graduating class is fast approaching. All official transcripts and training documents must be submitted to CCAF by Feb. 26. Transcripts must be mailed directly to CCAF from the school you attended. Transcripts should be mailed to CCAF/DESS, 100 S. Turner Blvd., Maxwell-Gunter AFB, AL 36114. After completing all CCAF program requirements, call the Base Education Center at 480-2032 or by e-mail at [education@ramstein.af.mil](mailto:education@ramstein.af.mil) and request degree candidacy nomination.

## Monthly commissioning brief

The Ramstein Education Center hosts its monthly commissioning brief at 3 p.m. Feb. 23 in Bldg. 2104, Room 100. No appointments are necessary.

program. Through his Web site.

## School Advisory Committees

- Ramstein High School's School Advisory Committee will meet at 3:30 p.m. Tuesday in the information center.
- Landstuhl Elementary/Middle School's School Advisory Committee will meet at 3:30 p.m. Thursday in the information center.
- The next Public School Advisory Board for all KMC schools will be held at 6 p.m. Feb. 23 at Landstuhl Elementary/Middle School.

## Travel, earn college credit

Tour some of the most exciting locations in Europe while studying literature and art with University of Maryland University College. Two UMUC field study courses will be offered from March 13 to 20: Expatriate Writers in Rome, held in Italy, and Northern Renaissance Art in Brussels and Paris, held in Belgium and France. The registration deadline for these courses is Feb. 19.

For more information, visit [www.ed.umuc.edu/fieldstudy](http://www.ed.umuc.edu/fieldstudy) or contact a UMUC field representative.

# February

## Mark your calendar

**Speed dating** for enlisted and adults only will be held from 6:30 to 9 p.m. Saturday at Martini's Lounge in the Ramstein Enlisted Club. There will be 20 dates in two hours. Sign up at club member's service window. For details, call 480-5421.

**The Vogelweh Community Center offers belly dancing classes.** The class meets twice a week for six weeks. Cost is \$60. For details and to sign up, call 489-7626.

**The Ramstein Community Center presents a family night with Irish dancers** and crafts from 5:30 to 7 p.m. Feb. 22. Cost is \$3 for children and free for children of deployed servicemembers. For details, call 480-6600.

**The hiking group Wanderfreunde Ramstein** will drive to the International Volksmarch Feb. 27 in Rothenburg ob der Tauber. For details and registration, call Karin Koch at 0631-49237.

**A certified mechanic is now on duty at Pulaski Auto Skills.** General maintenance and specialized services are available. For more information, stop in or call 0631-350-2323. For more information, visit [www.mwrgermany.com](http://www.mwrgermany.com).

**The Java Cafe will soon be host to the U.S. Army Garrison Kaiserslautern Warrior Zone.** This new facility will feature the latest in gaming and digital entertainment, four flat-screen TVs, surround sound systems, headphones, DVD capabilities and free Wi-Fi to all ID cardholders. The Warrior Zone will be located inside Java Cafe, Bldg. 273 on Rhine Ordnance Barracks. For more information, call 493-2623 or 0631-3406-2623 or visit [www.mwrgermany.com](http://www.mwrgermany.com).

**The Kazabra Club hosts Midnight Bingo** starting at 9 p.m. Sunday. Enjoy free food and soft drinks while you play. There will be two guaranteed \$1,000 games. Doors open at 7 p.m. For more information, call 493-4558 or 0631-536-7261 or visit [www.mwrgermany.com](http://www.mwrgermany.com).

**KMC Onstage is bringing Broadway to you** from Feb. 26 to 28 and March 5 to 7 and 12 to 13. "Noises Off" will be performed at 7:30 p.m. on show days, excluding Sundays when it plays at 3 p.m. Tickets are now on sale and can be purchased through the theater box office (located at Kleber Kaserne, Bldg. 3232, 483-6626 or 0631-411-6626) or the FMWR One Stop (located at Landstuhl, Bldg. 3810, 486-8146 or 06371-86-8146). For more information, visit [www.mwrgermany.com](http://www.mwrgermany.com).

**The Kaiserslautern Main Library offers an evening of chess** at 5 p.m.

Wednesday. For more information, call 486-7322 or 06371-86-7322 or visit [www.mwrgermany.com](http://www.mwrgermany.com).

**Join in on the discussion of "Skeletons on the Zahara,"** a book by Dean King, at 6:15 p.m. Wednesday at the Kaiserslautern Library Book Club. This club is open to the public and no pre-registration is necessary. Book club books may be checked out at the circulation desk. For more information, visit [www.mwrgermany.com](http://www.mwrgermany.com) or call 486-7322 or 06371-86-7322.

**The Spring Bazaar is coming.** Shop with more than 100 vendors from around the world from March 5 to 7. This giant bazaar will be held in the Rhine Ordnance Barracks Special Events Building, Bldg. 237. Food and beverages will be available on site. For more information, visit [www.mwrgermany.com](http://www.mwrgermany.com) or call 493-4184 or 0631-3406-4184.

**Pop/R&B singer Leigh Jones will perform** a free concert at 5 p.m. March 14 at the Kazabra Club. This concert will also feature hip-hop band Animate Objects and is being sponsored by BOSS, I.A.M. Strong, Army Entertainment, FMWR and the Army G-1 SHARP program. Ms. Jones will also make personal appearances at the Landstuhl DFAC and USO Warrior Center. For more information, call Jim Sohre at 483-6252 or 0631-411-6252.

**Army Outdoor Recreation is happy to announce the return of the Indoor Flea Market.** Are you PCSing and looking to lighten your load? Are you new here or searching for unique things to fill you home? Visit the Indoor Flea Market from March to October. Looking to sell? We can help you with that too. Just call Army Outdoor Recreation for more information or visit [www.mwrgermany.com](http://www.mwrgermany.com). Flea Market dates: from 8 a.m. to 2 p.m. March 20, April 17, May 15, June 19, July 17, Aug. 21, Sept. 18 and Oct. 16.

**The Ramstein Bowling Center offers a Sweethearts Double Tournament** Sunday. Registration begins at 12:30 p.m. and bowling starts at 1. Entry fee is \$30 per team. The top three teams receive prizes. Teams must consist of one male and one female. A minimum of 12 teams is required for event to be held. For details, call 480-5547.

**The Ramstein Bowling Center presents Presidents Day bowling** from noon to 10 p.m. Monday. There will be \$1 games. Call 480-5547 for details.

**Armstrong's Club hosts a Bachata dance competition** at 11 p.m. Feb. 20. Registration takes place between 8



**RAMSTEIN WINTER BLUES FESTIVAL**  
**February 17, 2010 • 7 p.m. • Ramstein High School Auditorium**  
 Produced and Presented by: Adolescent Substance Abuse Counseling Services (ASACS)  
 Featuring: USAF Wings of Dixie, Ramstein High School Jazz Band, and Ramstein Royal All-Stars  
 Primary Sponsors: Ramstein Air Base First Sergeants, Ramstein Middle School PTSA, Kaiserslautern-Landstuhl Spouse's Association

Artwork by: Cassandra Slack • Ramstein Middle School • 7th Grade

and 10:45 p.m. No entry fee is required. Prizes will be given for first, second and third place. For more information, call 489-6000 or 0631-354-9986 or visit [www.mwrgermany.com](http://www.mwrgermany.com).

**The 86th Airlift Wing annual award banquet** will be held at 6 p.m. Feb. 19 at the Ramstein Officers' Club. See your first sergeant for tickets.

**KMC Onstage presents a special Cabaret Dinner Theater** with performances from Jeanne Ragonese at 6 p.m. Sunday at the Landstuhl Community Club. Tickets can be purchased by visiting or calling KMC Onstage (located in Bldg. 3232 on Kleber Kaserne) at 483-6626 or 0631-3406-6626 or the FMWR One Stop (located in Bldg. 3810 on Landstuhl) at 486-8146 or 06371-86-8146. For more information, visit [www.mwrgermany.com](http://www.mwrgermany.com) or e-mail [kmconstage@eur.army.mil](mailto:kmconstage@eur.army.mil).

**Enjoy an afternoon of fairy tales and crafts** in celebration of Wilhelm Grimm's birthday at 3:30 p.m. Feb. 25 at the Kaiserslautern Main Library. For more information, call 06371-86-7322 or 486-7322 or visit [www.mwrgermany.com](http://www.mwrgermany.com).

**The Kaiserslautern Main Library hosts Lapsit Story Time** for infants and their parents from 9 to 9:30 a.m. Tuesday. Be ready to sing and dance and enjoy stories during this free four-week program. Sign-up through the library. For more information, call 06371-86-7322 or 486-

7322 or visit [www.mwrgermany.com](http://www.mwrgermany.com).

**The Kaiserslautern Main Library hosts a bilingual German/English story time** at 1 p.m. Feb. 24. All ages welcome. For more information, call 486-7322 or 06371-86-7322 or visit [www.mwrgermany.com](http://www.mwrgermany.com).

## Meetings

**Cards For A Cause Club** will meet from 11 a.m. to 4:30 p.m. Wednesday in the Pinehurst Room of the Ramstein Woodlawn Golf Course to make "spring holiday" cards and small projects for the wounded warriors to send out to family and friends. Membership is open to all ID cardholders, but children under 18 must be accompanied by an adult. There is a \$5 materials fee. Mark your calendar for future meeting dates: March 10, April 14 and May 12. For more information, e-mail Phyllis Jachowski at [pejachowski@juno.com](mailto:pejachowski@juno.com).

**HUGS (Help Us Grow Securely)** has been temporarily moved to the Vogelweh Community Center, Bldg. 2059 and takes place from 10:30 a.m. to noon Thursdays. HUGS is open to children birth to 4 years old. This playgroup is an interactional and educational group designed to develop parenting skills, socialization and educational activities. For more information, call 493-4203 or 0631-3406-4203 or visit [www.mwrgermany.com](http://www.mwrgermany.com).

# AF returns enlisted high year tenure to standards

WASHINGTON — Air Force manpower and personnel officials recently announced a return of enlisted high year of tenure limits to their pre-2003 levels.

“We’ve considered returning HYT limits to their normal levels for several years. Now that our Air Force end strength is stabilizing, it is an appropriate time to return back to the pre-2003 levels,” said Tom Voegtle, chief of the retirements and separations policy branch at the Pentagon.

High year of tenure is the maximum years of service a member may remain on active duty in relation to his or her enlisted grade.

The HYT for senior master sergeant, master sergeant, technical sergeant and senior Airman will return to 26, 24, 22 and 10 years, respectively. The HYT limits for both chief master sergeant (30 years) and staff sergeant (20 years) will remain the same since they were not raised in 2003, Mr. Voegtle said.

The change will initially affect approximately 2,500 Airmen — 500 senior Airmen, 400 technical

sergeants, 1,200 master sergeants and 400 senior master sergeants.

The new HYT effective date for master sergeant is April 1, 2011; for technical sergeant, Aug. 1, 2011; and, for senior Airmen, Sept. 1, 2011. The effective date for senior master sergeant is Jan. 1, 2012. This timeline provides Airmen additional opportunities to compete for promotion or plan for separation or retirement from active duty.

All Airmen who separate due to HYT will receive involuntary separation pay.

Technical, master and senior master sergeants may apply for full retirement if leaving active duty due to reaching their HYT just as they would under existing policy.

While the new HYT is applicable now, Airmen who will be “over” their HYT as the policy is normalized will be allowed to remain on active duty until no later than the effective date for their corresponding grades.

An Airman’s total active federal military service date will determine whether he or she is under the old

or new HYT limit. For example, a senior Airman whose TAFMSD is Aug. 31, 2001, or earlier would separate under his or her original HYT date or Sept. 1, 2011, whichever comes first. If the senior Airman’s TAFMSD date is after Aug. 31, 2001, that Airman’s date would be adjusted to the new 10-year limit. In other words, the Airman will now be required to separate at the 10-year point rather than the 12-year point if he or she is not promoted to staff sergeant.

Airmen overseas who will reach HYT before they are scheduled to return will receive new dates in accordance with the revised policy, Mr. Voegtle said. Also, deployed Airmen and those soon to deploy who are affected by the policy change will return no later than 30 days prior to their new HYT date.

The new HYT requirements will not affect the Post-9/11 G.I. Bill. Airmen opting to transfer their Post-9/11 G.I. Bill benefits to family members will still be able to transfer these benefits even if their new HYT dates prevent them from complet-

ing the required active-duty service commitments.

Extensions of HYT are still applicable under existing guidelines. These include reasons such as extreme personal hardship or when an extension is clearly in the best interest of the Air Force, Mr. Voegtle said.

This change to policy will not affect Air Force Reserve or Air National Guard members.

The AF has a long-standing tradition of taking care of its people, and will continue this tradition through this process and beyond, Mr. Voegtle said.

“There will be no change in retirement or separation pay benefits, and the Air Force is committed to providing our Airmen and their families with an open and transparent process,” he added.

Individuals who have questions regarding this policy change or any personnel issue can contact the 24/7 Total Force Service Center toll-free number at 800-525-0102.

*(Courtesy of the Secretary of the Air Force Office of Public Affairs)*

## Classes and training

**The Kaiserslautern Civilian Personnel Advisory Center** has announced the Civilian Human Resources Agency European Region has a new National Security Personnel System transition-out page available at <http://cpolrhp.belvoir.army.mil/eur/transout/index.htm>. This Web site has a link to the Government Service 101 Training course in the upper-right corner. The direct link is [www.cpms.osd.mil/nsps/g101/index.htm](http://www.cpms.osd.mil/nsps/g101/index.htm). The training is for all employees having questions about the GS system. This course provides a training certificate, which employees can send to [hrd.ed@eur.army.mil](mailto:hrd.ed@eur.army.mil) to get the training credited to their personnel records.

**Spouse Tuition Assistance Program** (Gen. George S. Brown Scholarship) applications are due by 4 p.m. Feb. 19 for Term IV (classes are March 21 to May 29). Eligibility for STAP starts with MyCAA program application. Visit [www.militaryonesource.com](http://www.militaryonesource.com) and apply for MyCAA. Attach eligibility for MyCAA to STAP application before turning in to Ramstein Education Center, Bldg. 2120, fourth floor, Room 421.

**An Air Force commissioning briefing** takes place at 3 p.m. Feb. 23 in Bldg. 2104, Room 100. Commissioning briefings are always held the fourth Tuesday of each month. Appointments are not required. Call 480-2308 for details.

**Looking for training space?** The joint Multinational Training Command’s Digital Training Facility has classrooms equipped with 16 multi-media computer workstations and are linked worldwide via video teletraining. Walk-in individual self-development is also available. The DTF is located in Bldg. 2874B on Pulaski Barracks. For more information, call 493-4606 or 0631-3406-4606.

**The New Parent Support Program will host car seat safety inspections** Feb. 23 and March 16. Parents can learn how to safely transport children and use the appropriate child safety seat or safety belt correctly. Certified CPS instructors will provide one-on-one tutorial instructions. Registration is required. Space is limited. Call 06371-46-2098.

**An infant massage class** will take place once a week for three weeks on Wednesday, Feb. 24 and March 24. Babies must be over 6 weeks and not yet crawling. Space is limited. To register, call 06371-46-2098.

**The Kaiserslautern Transition Center hosts a pre-separation briefing** from 8:30 to 11:30 a.m. March 2 in Bldg. 3245 on Kleber Kaserne. Soldiers are required to take this presentation at least 90 days prior to separating (not retiring) from the Army.

This briefing informs Soldiers about the process required to separate from the Army. To register, call 483-7071 or 0631-411-7071.

**The Kaiserslautern Transition Center hosts a briefing on Career Status Bonus** Wednesday in Bldg. 3245 on Kleber Kaserne. This class is for Soldiers who reach the 15-year mark and are eligible for a \$30,000 bonus. To register, call 483-7071 or 0631-411-7071.

**U.S. Army Garrison Kaiserslautern’s Army Community Service Information and Referral Program hosts a Community Information Forum** at 1 p.m. March 3 at Armstrong’s Club. The forum is a monthly outline that provides information on various programs, agencies and organizations within the KMC. It is open to the entire community. For details, call Ute Nickstadt at 493-4093 or 0631-3406-4093.

**The Kaiserslautern Transition Center hosts a pre-retirement briefing** from 8:30 a.m. to 4:30 p.m. May 13 in Bldg. 3245 on Kleber Kaserne. At least once prior to retirement, Soldiers and their family members should attend this briefing. To register, call 483-7071 or 0631-3406-7071.

**The American Red Cross on Ramstein will be conducting an introduction to International Humanitarian Law** from 8 a.m. to noon today. The course will inform about the Geneva Convention and International Humanitarian Law. The course is free, but pre-registration is required. For more information, call the Landstuhl office at 486-7298.

## Chapel news

**U.S. Army Garrison Kaiserslautern Chaplain’s Office hosts Ash Wednesday services** with Catholic Mass and distribution of Ashes at its Daenner and Landstuhl Community chapels. Ash Wednesday Services take place at 11:45 a.m. and 6:30 p.m. Wednesday at the Daenner Community Chapel, and 7 a.m., noon and 5:30 p.m. Wednesday at the Landstuhl Community Chapel. For more information, call the Chaplain’s Office at 493-4098 or 0631-3406-4098.

**St. Alban’s Episcopal Congregation** will hold its annual Shrove Tuesday Pancake Supper from 6 to 7:30 p.m. Tuesday at Ramstein’s Northside Chapel. This event is open to everyone in the KMC. At this “Mardi Gras” meal, which represents the last feast before Lent, you can have all the pancakes you can eat. Admission is free. For more information, call Tonya Parham at 06375-5579.



Photo by Tricia Riggs

Trenton and Evan Riggs visit Interlaken, Switzerland, Jan. 2. Trenton and Evan traveled to Switzerland with their parents over New Year's. Interlaken is one of the oldest and most popular tourist resorts in Switzerland.



Courtesy photo

Inge Parish, Staff Sgt. Anjel Kaylor, Tech. Sgt. Erik Kaylor and retired Chief Master Sgt. of the Air Force Sam Parish take part in the Chief's Dinner Jan. 20 at Schlosshotel in Landstuhl.



Courtesy photo



Photo by Alan Neal

ABOVE: Maj. Alan Neal and his wife Lisa visit Cappadocia, Turkey, Dec. 30. LEFT: Nicole Rakes, Cash Rakes, Robert Becker, Jeremiah Rakes and Madison Rakes take a tour of the Lindt Chocolate Museum Dec. 5 during a trip to Köln, Germany. The museum was founded in 1993 and gives visitors a tour of chocolate through the ages.



Photo by Lt. Col. Mark Vivians

Send us your  
**VACATION**  
 photos

Your submission must include the name of the photographer, the date of the photo, first and last names of those in the photo and location. Write "Destinations" in the e-mail subject line. E-mail to [editor@kaiserslauternamerican.com](mailto:editor@kaiserslauternamerican.com).

(Top left) Maj. Jileene, Jalen, Lt. Col. Mark, (bottom Left) Christopher, Laila and Isaiiah Vivians visit the Blue Mosque Dec. 29 in Istanbul, Turkey. The Blue Mosque, also called the Sultanahmet Mosque, is named so because of the 20,000 blue tiles inside.





Photo by Ludwig Linsmayer

Several carnival associations take part in the annual Fasching parade Tuesday in Ramstein-Miesenbach.

## Ramstein hosts annual Fasching parade

by Petra Lessoing

86th Airlift Wing Public Affairs

Ramstein-Miesenbach's highlight for this Fasching season will be its annual parade through the city Tuesday afternoon. The Bruchkatze Carnival Association sponsors the traditional parade, which is the biggest in the Westpfalz area with more than 1,600 participants.

"We got registrations from 18 carnival associations, seven music groups, 24 walking groups and 22 floats," said Hartmut Schäffner, chief of the parade committee. "We as organizers are proud to be able to present such a great parade with

participants who spent all their leisure time to create wonderful costumes and unique floats."

Ramstein-Miesenbach's sister city Maxéville, France, will send a float and a walking group of about 50 people.

The KMC is represented by about 250 people in walking groups and one float. The U.S. Air Forces in Europe Band will participate with 40 to 50 musicians.

"We received registrations for the Ramstein, Sembach and Vogelweh Girl Scouts, Cub Scout Pack 156 and the Ramstein High School Step Team," said Elke Sittel from the 86th Airlift Wing Host Nation Office. "The 86th Construction

and Training Squadron will join the parade on a truck with 20 people wearing Halloween masks."

More than 48,000 promotion items including candies will be tossed to the 30,000 to 50,000 spectators. The almost two-hour long parade starts at 2 p.m. on Stutzenflurstrasse and August-Süssdorf-Strasse. Food and beverage booths will be placed throughout the 3.25 kilometer route.

Residents along the route are asked to decorate their houses to support the celebration. Organizers ask parents to watch their kids, and for safety reasons, spectators shouldn't get too close to the floats.

"I would also like to emphasize the fact that the Bruchkatze Carnival Association sponsors, organizes and finances the parade," Mr. Schäffner said. "The sale of parade buttons for €2 from vendors on the street help us to pay the event."

After the parade, the party will continue at the Haus des Bürgers. Spectators can get free admission to the party with the buttons.

"Local institutions such as Polizei, the volunteer fire brigade, German Red Cross, office of public order and military police support us each year and help to make the event a success," Mr. Schäffner said.

A Fasching carnival with a merry-go-round and activity booths will be set up from Sunday through Tuesday on Marktplatz. The center of Ramstein-Miesenbach will be closed Tuesday to motorized vehicles from noon to 6 p.m., and Bahnhofstrasse will be closed until 8 p.m.

"I hope a lot of people will come to join us for this fun-filled event," Mr. Schäffner said. "Ralau!" (the official Fasching shout in Ramstein-Miesenbach).

For more information on the 59th annual Fasching parade in Ramstein-Miesenbach, visit [www.bruchkatze-ramstein.de](http://www.bruchkatze-ramstein.de).

*Celebrating the 86th Airlift Wing's patriotism through the years*

**86TH AIRLIFT WING  
ANNUAL AWARDS BANQUET**

19 February 2010, Ramstein Officers' Club  
Social hour from 1800 - 1845

Please contact your First Sergeant for tickets.

# Was ist Los?

## KMC cultural highlights

### Compiled by Petra Lessoing

86th Airlift Wing Public Affairs

The following is a list of performances and events happening in the KMC and nearby. Dates are subject to change.

### Performing arts

#### Kammgarn Kaiserslautern:

• No Music in K-town: Willow Garden with Indie alternative, Mindless with garage grunge rock, and Inc with rock pop, 8 p.m. today. Tickets cost €6.

• Fred Kellner featuring Anke Engelke present a cult fun and soul show, 8 p.m. Monday. Tickets cost €20.

• The band Dúné from Denmark presents electro rock, Indie, 8 p.m. Feb. 19. Tickets cost €15.

• The band Like a Stuntman presents the best of 50 years of pop rock music, 8 p.m. Feb. 20. Tickets cost €9.

• Faun performs medieval ballads on old instruments, 8 p.m. Feb. 26. Tickets cost €17.

• The Cinematics from Scotland present pop, rock, disco, Indie, 8 p.m. Feb. 27. Tickets cost €15. For more information, visit [www.kammgarn.de](http://www.kammgarn.de) or call 0631-365-2548.

#### Pfalztheater Kaiserslautern:

• "High Society," a musical by Cole Porter, in German, 7:30 p.m. Saturday, Thursday and Feb. 21.

• "Perfect Happiness," a play by Charles den Tex and Peter de Baan, in German, 8 p.m. Saturday and Feb. 20.

• "Die Nervensäge," a comedy by Francis Veber, in German, 10 a.m. Tuesday, and 4 p.m. Sunday.

• "Grazie und Anmut," a ballet by Stefano Giannetti, 8 p.m. Wednesday, Feb. 25 and 28.

• "ChristO," a rock opera with rock and heavy metal combined with choir and orchestra music, 7:30 p.m. Feb. 20 and 26.

• Chamber concert: "Trio and other stuff," with works by Johannes Brahms, Erich Wolfgang Korngold and Franz Strauss, 11 a.m. Feb. 21.

• "Die Brüder Löwenherz," a play for children, based on Astrid Lindgren's book, in German, 6 p.m. Feb. 27.

For more information, call

0631-3675-209 or visit [www.pfalztheater.de](http://www.pfalztheater.de).

#### Fruchthalle Kaiserslautern:

• The New York Tap All Stars present Magic of the Dance, 8 p.m. Tuesday.

• Concert Highlight International: the Norwegian duo Yeraz presents traditional Armenian songs

combined with reggae by Bob Marley, traditional waltz and songs by Tom Waits, 8 p.m. Thursday. Tickets cost €12 to €20. For details, stop at the Kaiserslautern Tourist Office, Fruchthallstrasse 14, visit [www.fruchthalle.de](http://www.fruchthalle.de) or call the office of arts at 0631-365-1410.

#### Haus des Bürgers, Ramstein-Miesenbach:

• Mnozil Brass, a group of seven brass musicians, presents Magic Moments, 8 p.m. Feb. 20. Tickets cost 28 to €32.

• "Wiener Blut und Zigeunerklänge," three artists present gypsy sounds, 5 p.m. Feb. 21. Tickets cost €10.

For details, visit [www.ramstein-miesenbach.de](http://www.ramstein-miesenbach.de), e-mail [hdb@ramstein-miesenbach.de](mailto:hdb@ramstein-miesenbach.de), or call 06371-592-220.

#### Youth Center, Steinstrasse 47, Kaiserslautern:

• Boys in the Attic perform rock music, 8 p.m. Feb. 19. Tickets cost €6.50. For details, visit [www.juz-kl.de](http://www.juz-kl.de).

#### Stadthalle Landstuhl:

• Abba Cover, known as one of Germany's best cover bands, presents a show in original costumes performing a variety of Abba songs, 8 p.m. Feb. 26. Tickets cost €19 to €23.

For reservations, call 06371-923-444 or visit [www.stadthalle-landstuhl.de](http://www.stadthalle-landstuhl.de).

#### Nationaltheater Mannheim, am Goetheplatz:

• "Carmen," an opera by Georges Bizet, 7 p.m. today and Feb. 25, and 6:30 p.m. Feb. 21.

• "Hair," a musical with lyrics by Gerome

Ragni and James Rado, and music by Galt MacDermot, in German, 8 p.m. Thursday.

• "Frida Kahlo," a ballet by Dominique Dumais, 7:30 p.m. Feb. 19 and 4 p.m. Feb. 28.

For details, visit [www.nationaltheater-mannheim.de](http://www.nationaltheater-mannheim.de).

#### Saarbrücken, Saarländisches Staatstheater, Schillerplatz 1:

• "Doctor Atomic," an opera by John Adams, in English, 7:30 p.m. Saturday and Feb. 27.

• "Hänsel und Gretel," a fairy tale opera by Engelbert Humperdinck, 7:30 p.m. Feb. 23 and 25.

For details visit [www.theater-saarbruecken.de](http://www.theater-saarbruecken.de) or call 0681-3092-486.

### Miscellaneous

• Kaiserslautern, Willy-Brandt-Platz (near city hall), street Fasching, 2 p.m. Tuesday.

• Ramstein-Miesenbach, Marktplatz, Fasching market with rides and booths, Sunday to Tuesday.

• Miesau, Sportheim, Fasching party with band 59 Minutes, 8 p.m. Saturday.

• Stadthalle Landstuhl, children's Fasching party, 2 p.m. Saturday.

• Dansenberg, Sporthalle, "Little Red Riding Hood meets Frog King" Fasching party, 8:30 p.m. Saturday.

• Kindsbach, Mehrzweckhalle, children's Fasching party, 2 p.m. Sunday.

• Niederkirchen, Westpfalzhalle, children's Fasching party, 2 p.m. Sunday; and Rose Monday ball, 8 p.m. Monday.

• Otterberg, Stadthalle, children's Fasching, 2 p.m. Sunday.

• Sembach, Mehrzweckhalle, children's Fasching party, 2 p.m. Sunday.

• Enkenbach-Alsenborn, Rudi-Müller-Turnhalle, Rose Monday ball, 8 p.m. Monday

• Mackenbach, Bürgerhalle (community hall), children's Fasching party, 2 p.m. Sunday; and Rose Monday ball, 8 p.m. Monday.

• Eulenberg, Bürgerhaus, model train swap meet, 10 a.m. to 4 p.m. Sunday.

### Flea markets

• Ramstein, flea market hall, Flurstrasse 4, 8 a.m. to 4 p.m. Saturday.

• Heidelberg, Messplatz, 6 a.m. to 2 p.m. Saturday.

• Saarbrücken, Franz-Josef-Röder-Strasse, Saturday.

• Bad Dürkheim, an der Saline (former salt-works), Saturday.

• Metz, France, Parc des Expositions, 6 a.m. to noon Saturday.

### Antique markets

• Neu-Isenburg, Isenburg-Zentrum, Sunday.

• Wiesbaden-Biebrich, Adler Center, Äppelallee, Sunday.

• Landau-Queichheim, C+C Grosseinkauf, Johannes-Kopp-Strasse 10, 3 to 8 p.m. Saturday and 9 a.m. to 4 p.m. Sunday.

For more information, visit [www.troedlerundsammeln.de](http://www.troedlerundsammeln.de).



Courtesy photo

### Rock opera at Pfalztheater

The Pfalztheater Kaiserslautern presents "ChristO," a rock opera based on the book "The Count of Monte Cristo" by Alexandre Dumas. Andy Kuntz and his band Vanden Plas, as well as the choir and ballet of the Pfalztheater, will perform at 7:30 p.m. Feb. 20 and 26. For details, visit [www.pfalztheater.de](http://www.pfalztheater.de).



# Kaiserslautern HAPPENINGS

## UPCOMING FUN FOR EVERYONE

### KAZABRA CLUB

#### Midnight Bingo

Feb. 14, 9 p.m. - midnight

Two guaranteed \$1,000 games will be played. Free soft-drinks and food will be available. Doors open at 7 p.m.

### JAVA CAFÉ

#### Trivia Night

Wednesdays, 6-8 p.m.

Enjoy an evening of fun trivia and great prizes.

### KMC ONSTAGE

#### "Noises Off"

"Bringing Broadway to You"

Feb. 26, 27, 7:30 p.m., Feb 28, 3 p.m.

Tickets are now on sale and can be purchased through the theater box office located on Kleber Kaserne, Bldg. 3232, or the FMWR One Stop located on Landstuhl Post, Bldg. 3810. For more information call 483-6626 or 0631-411-6626.

### KAISERSLAUTERN MAIN LIBRARY

#### Stories from Home

Every 4th Monday, 11 a.m. - 2pm

Video Messaging is at the Kirchberg room at the Kaiserslautern Main Library located on Landstuhl Post, Bldg. 3810. Stay connected with your family with this free service.

### ARMSTRONG'S CLUB

#### R&B Night

Feb. 13 & 27, 9 p.m. - 2 a.m.

Enjoy an evening of R&B Oldies, with a live DJ, free finger foods and no cover charge.

### LANDSTUHL CLUB

#### Texas Hold'Em 101

Every 2nd and 4th Tuesday, 6 p.m.

Learn to play like the pros.

#### Texas Hold'Em Tournaments

Fridays & Saturdays,

Registration 6 p.m., First Deal 7 p.m.

Play Texas Hold'Em and win great prizes!

### PULASKIAUTO SKILLS

#### Certified Mechanic Now Available

No need to go off post to find a good mechanic; a certified German mechanic is now on duty at Pulaski Auto Skills. General maintenance and specialized services are available. Call 0631-350-2323 or stop by Bldg. 2859 on Pulaski Barracks for more information.

### ARMY OUTDOOR RECREATION

#### February-March Trip Schedule

Planning that special trip or weekend get-a-way? Check out Army Outdoor Recreation's trip schedule located online at <http://www.mwrgermany.com/KL/odr/odr.htm>, and find out all that they have to offer, including equipment rentals for skiing, biking, camping, organizational days, and other special events.

### SPRING BAZAAR IS COMING!

March 5-7

Mark your calendar-the USAG Kaiserslautern will be hosting its annual Spring Bazaar; March 5-7, at the Special Events Center, Bldg. 237 on Rhine Ordnance Barracks. With over 100 vendors from around the world, this will be an event you will not want to miss!

USAG Kaiserslautern  
*Bachata*  
*Dance Competition*

February 20  
Registration:  
8-10:45 p.m.

No Entry Fee  
Prizes for 1st, 2nd & 3rd place

Armstrong's Club  
Kaserne Kleber, Bldg. 3232  
0631-354-9986  
MWRGERMANY.COM

ARMY Outstage presents... USAG Kaiserslautern  
**What is this thing called Love?**

A Special Valentine's Day  
Musical Theatre Experience

Award-Winning Director  
*Jeanne Raysonne*  
with talented Musical Theatre

February 11, 8 p.m.  
Landstuhl Community Club, Bldg. 3788

Tickets, \$28 (cash bar) available by phone or in person at:  
KMC Theater "Bringing Broadway to You", Kleber, Bldg. 3232  
483-6626 / 0631-411-6626  
FMWR One Stop, Landstuhl Post, Bldg. 3810, 483-6626 / 0631-411-6626  
MWRGERMANY.COM

USAG Kaiserslautern  
**The February Special...  
Black Forest Latte**

A Mocha Latte with delicious cherry syrup will warm your soul.

USAG Kaiserslautern  
Kaserne Kleber, Bldg. 3232  
0631-354-9986  
MWRGERMANY.COM

### I.A.M. Strong Tour

featuring

Pop & R&B Recording Artist

Leigh Jones

On March 14, at 5 p.m., pop and R&B singer, Leigh Jones, will perform a free concert at the Kazabra Club, Bldg. 2057 in Vogelweh.

This free family event will also feature the live band, **Animate Objects** and comedians/MC's, **Jessi Campbell** and **Drew Thomas**.

For more information call 483-6252 or 0631-411-6252.



For questions regarding FMWR events and programs listed on this page, call Marketing at 493-4128 or 0631-3406-4128.

**WWW.MWRGERMANY.COM**

# Prayer breakfast offers chance to face winter, fear together

by Mark Heeter  
USAG Kaiserslautern

While spring, summer and fall offer people different signs of hope, life and happiness, winter ushers in images of gloominess, cold and, above all, death, said Chaplain (Col.) Douglas Kinder, the keynote speaker at the U.S. Army Garrison Kaiserslautern National Prayer Breakfast Feb. 4 in the Kaiserslautern Community Activity Center.

"You are in the minority," Colonel Kinder said joking while addressing the audience. "Winter is evil."

The National Prayer Breakfast began in Washington in 1953 and has continued to grow with each passing year, said Mary Himic, U.S. Kaiserslautern deputy to the garrison commander, who opened the event with welcome remarks.

"Our National Prayer Breakfast has grown to almost become a world prayer breakfast," Mrs. Himic said, noting that the event takes place in communities and countries around the globe. "So I think it's important that we come together as a community here in Kaiserslautern."

Colonel Kinder, the Installation Management Command-Europe chaplain, entertained and inspired his audience with jokes, stories and anecdotes revolving around what he called the



Photo by Spc. Amanda Rigdon

Col. Joseph Smith, 7th Civil Support Command deputy commander, bows his head in prayer during the National Prayer Breakfast Feb. 4 at the Kaiserslautern Community Activity Center.

most frequent command in the Bible.

"You should not fear," he said, before explaining the difference between a good fear that can motivate and a fear that hinders progress.

"It's about mindset," he said, urging his listeners to allow joy into their lives by dealing appropriately with fears. "Have you ever known a fearful joyful person?"

## FASCHING PARADES ON UNTIL TUESDAY

by Petra Lessoing  
86th Airlift Wing Public Affairs

Fasching, Germany's "crazy season," continues through Tuesday with masquerade balls, dances, children's parties and funny sessions.

Special Fasching highlights are the Rose Monday parades. The most famous parades are those leading through the main Fasching cities of Mainz, Köln and Düsseldorf. Spectators from Germany and throughout Europe will come to these cities to watch the annual spectacle with decorated floats, bands, dancing and marching groups. Participants in vehicles will throw out candy or hand out drinks to the crowds along the streets. It is traditional for revelers to sing, sway and dance during the five-hour parades, which all start at 11:11 a.m.

The official Fasching greeting in Köln and Düsseldorf is "Alaaf," and in Mainz it's "Helau."

The day is called Rose Monday because the organization committee of the Köln parade, which was founded in 1824, had its general membership meetings on Monday

after the so-called Rose Sunday, also known as mid-Lent Sunday or Laetare Sunday. Originally, this day was the third Sunday before Easter. Since the 11th century, the pope dedicated a golden rose to a deserved personality that day. Since 1830, the day was called Rose Monday.

In order not to compete with the big Rose Monday parades, Ramstein-Miesenbach, Zweibrücken and Grünstadt have their parades at 2 p.m. on Shrove Tuesday. Other parades in the Pfalz are held at 2 p.m. Saturday in Frankenthal and 2 p.m. Sunday in Linden, Trippstadt, Dahn and Rodalben. The parade in Ludwigshafen starts at 1:11 p.m. Sunday.

Many towns offer outdoor Fasching events on Shrove Tuesday. Stages will be put up, where local carnival associations will entertain visitors with presentations by their dance groups and members holding funny speeches. Often the council members of the carnival associations invite prominent personalities of the town including the mayor to come on stage to make fun of them.

In Kaiserslautern, a stage will be set up on Willy-Brandt-Platz, next to the Rathaus (city



Courtesy photo

The annual Rose Monday parade in Mainz features various floats, walking groups and music bands.

hall). The local Fasching association, KVK, will present its Fasching princess, Alexandra, dancing groups and other members. The official shout is "Kalau."

In most German states, children don't have school on Shrove Tuesday. And usually, people who work take off in the early afternoon. In most cases, employers allow them to do so, and stores, banks and official institutions close anyhow at 1 or 2 p.m. Tuesday.

Ash Wednesday will end the crazy season. Carnival association members and party-goers will meet one more time for their traditional "Heringessen," or the eating of herring. Herring is supposed to help ease hangovers. Also on Ash Wednesday, Lent, a 40-day fasting period for Roman Catholics, starts.

### GOOD TO KNOW

The German railroad company, Deutsche Bahn, offers the Rheinland-Pfalz ticket for those who want to travel by train to Mainz. The ticket costs €28 for up to five people. The Ticket 24 (for individuals) or Ticket 24+ is available as a way to get to the parade in Ludwigshafen, Frankenthal and Dahn. For details, call the travel center Kaiserslautern at 0631-3232310.

Throughout Germany, stores, banks and offices will close at either 1 or 2 p.m. Tuesday to give employees the chance to enjoy Fastnacht activities.

# VALENTINE'S DAY

*A day for lovers, friends*

by **Petra Lessoing**  
86th Airlift Wing  
Public Affairs

Red hearts used as decoration items in department stores, flower shops, candy stores, bakeries and window displays signal Valentine's Day is just around the corner. Sunday is the day for lovers and a day of friendship.

In many countries around the world, Valentine's Day is celebrated and observed Feb. 14. Husbands and wives, girlfriends and boyfriends exchange flowers, cards and gifts, and have romantic dinners.

Also, dear ones such as parents, grandparents, relatives and good friends are included in the custom to show they are loved and appreciated.

Valentine cards have a long tradition. Legend says the Duke of Orleans, while in prison in the Tower of London in 1415, kept sending love letters to his spouse, and not only on Feb. 14. Ever since, he has been looked at as the founder of valentines.

In the 17th century, author Samuel Pepys from London revived this tradition of writing a love letter to his wife on Feb. 14. She was so thrilled about that and in turn gave him flowers. The British noble society took over the tradition of giving flowers and sending love notes soon after, and it was spread through England and France. In the 18th century, people in love started to send romantic greeting cards. In Germany, recognition of Valentine's Day started in the 1950s when American Soldiers brought the British tradition to

Germany. The Greeting Card Association estimates that worldwide 1 billion Valentine's Day cards are sent each year, making it the second largest card-sending day, next to Christmas.

According to another legend, the custom of giving flowers goes back to ancient Rome, where a friendly priest named Valentine gave advice to young people, in particular regarding marriage. He did this despite Emperor Claudius' prohibition. Claudius did not want his legionaries to get – according to Christian customs – tied to wives and houses. But Valentine was looking for lovers, found them and married them. He passed out flowers to young couples who were walking by the garden of his monastery and asked the men to stay at home rather than go out to battle. One day, Emperor Claudius wanted to meet Valentine and find out about his wisdom. The emper-

or requested Valentine to believe in Roman gods again. Then they would be friends.

But the priest told him that he never would ask him to do so if he knew about the glory of God and his son Christ. During his visit with Claudius, a council member asked Valentine what he thought of the Roman gods. Valentine answered that they are demons. The council immediately requested the blasphemer's death.

During a delay Valentine asked for, he impressed the emperor with the truth of Christian belief. Claudius was deeply touched, but when Rome's governor said Valentine was a magician, Claudius feared a revolt by his people and passed the priest on to Asterius, a judge, to decide on his fate. While standing in front of the judge, Valentine performed a miracle. He made the judge's blind daughter see again by praying and

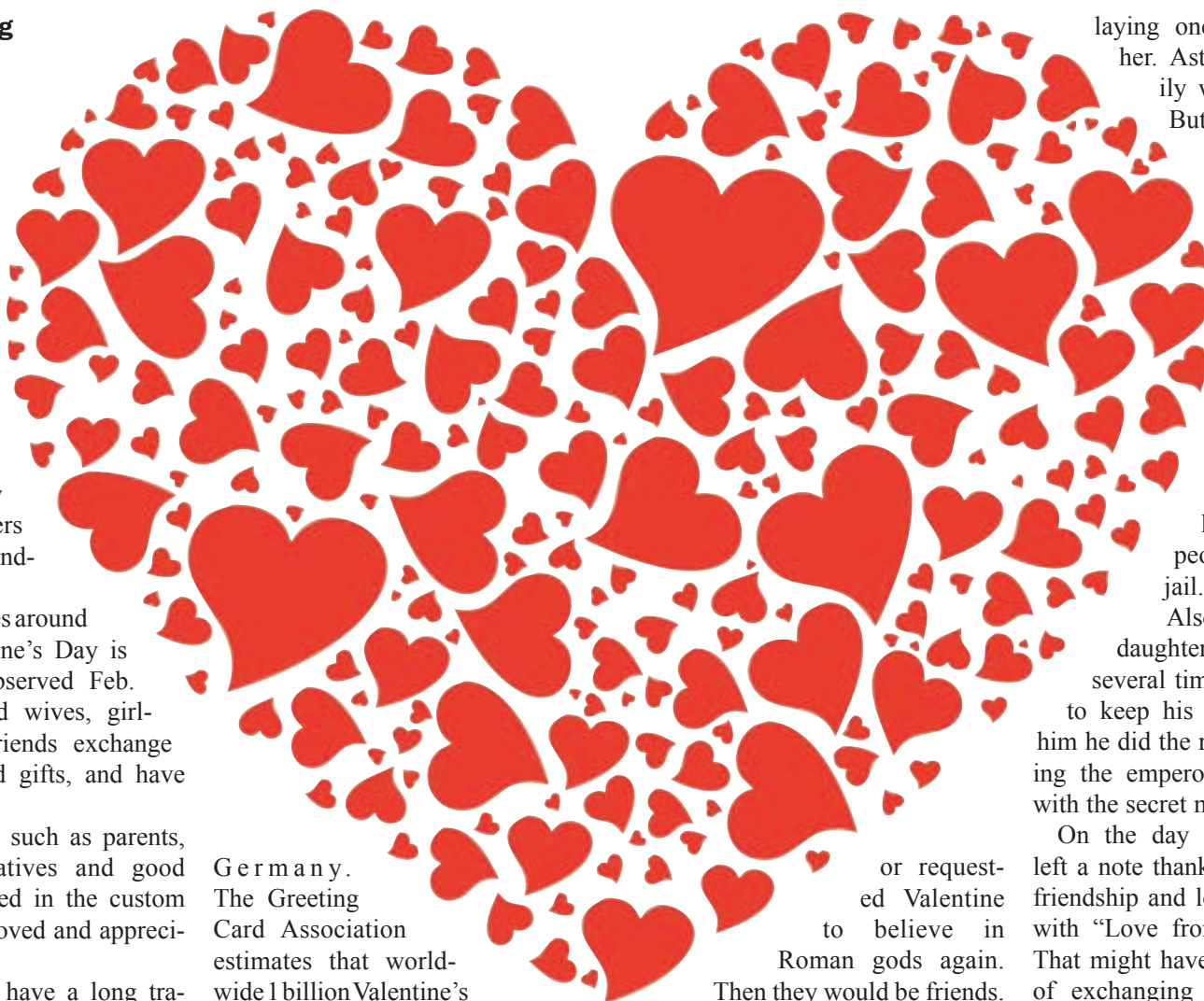
laying one of his hands on her. Asterius and his family were later baptized. But because their new Christian belief was counter to Roman religion, they were tortured and killed. Rome's governor also decided to torture Valentine and behead him on Feb. 14, 269.

Before he was killed, many young people visited him in jail.

Also, one jail guard's daughter came to see him several times. She helped him to keep his spirits up and told him he did the right thing by ignoring the emperor and going ahead with the secret messages.

On the day he was to die, he left a note thanking the girl for her friendship and loyalty. He signed it with "Love from your Valentine." That might have started the custom of exchanging love messages on Feb. 14.

About 100 years after Valentine's death, he was canonized. In 1550, in memory of Valentine, a memorial chapel was built in St. Valentin in South Tyrol, Austria, where visitors can admire a wooden statue of the saint. Since Valentine's martyr death, Feb. 14 is observed as day of love. In former times, the night before Feb. 14, women tied laurel leaves to the four tips of their pillows. This was supposed to be a guarantee for dreaming of their true love. People also believed a woman would marry the man she would see first in front of her house on Valentine's Day. This was enough reason for a young man to be out early in the morning and to reassure the feeling of his beloved one with a bouquet of flowers.



# February is Dental Health Month

Courtesy of 86th Dental Squadron

This month is National Children's Dental Health Month. To celebrate this event, the Kaiserslautern American will be featuring weekly articles from the 86th Dental Squadron focusing on various aspects of oral health.

In addition, the 86th Dental Squadron will also be visiting schools and many local clubs and organizations.

## Mouth guards protect your smile

It's easy to take some things for granted until they're suddenly gone.

Have you ever thought about how it would feel if you lost one or two of your front teeth? You'd probably avoid smiling. It would be uncomfortable talking with someone face-to-face. It wouldn't be easy pronouncing certain words. And how about eating an apple? Until your teeth are gone, you might not miss them.

Each year, thousands of teens get hurt on the playing field, the basketball court, or while skateboarding, biking or during other activities. Blows to the face in nearly every sport can injure your teeth, lips, cheeks and tongue.

A properly fitted mouth guard, or mouth protector, is an important piece of athletic gear that can protect your teeth and smile. You may have seen them used in contact sports, such as football, boxing and ice hockey.

But you don't have to be on the football field to benefit from a mouth guard. New findings in sports dentistry show that even in non-contact sports such as gymnastics, roller blading and field hockey, mouth guards help protect teeth. Many experts recommend that a mouth guard be worn for any recreational activity that poses a risk of injury to the mouth.

There are three types of mouth guards: The ready-made, or stock, mouth guard; the mouth-formed – boil and bite – mouth guard; and the custom-made mouth guard made by your dentist. The most effective mouth guard should have several features: it should be resilient, tear-resistant and comfortable. It should fit properly, be durable and easy to clean and not restrict your speech or breathing.

Generally, a mouth guard covers only the upper teeth, but in some cases the dentist will instead make a mouth guard for the lower teeth. Your dentist can suggest the right mouth guard for you.

Here are some suggestions for taking good care of your mouth guard:

- Before and after each use, rinse it with cold water and clean it with a toothbrush.
- When it's not used, place your mouth guard in a firm, perforated container. This permits air circulation and helps prevent damage.
- Avoid high temperatures, such as hot water, hot surfaces or direct sunlight, which can distort the mouth guard.
- Check it for tears, holes and poor fit. A mouth guard that's torn or in bad shape can irritate your mouth and lessen the amount of protection it provides.
- Have regular dental checkups and bring your mouth guard along so the dentist can make sure it's still in good condition.
- Don't take your teeth for granted. Protect your smile with a mouth guard.

## Oral piercings not as safe as you think

Piercing, like tattooing, is just one of today's popular forms of body art and self-expression. Piercing may seem daring, cool and totally safe, but piercing the tongue, lips, cheeks or uvula (the tiny tissue that hangs at the back of the throat) is not as safe as some would have you believe. That's because the mouth's moist environment – home to huge amounts of breeding bacteria – is an ideal place for infection.

An oral piercing can interfere with speech,

chewing or swallowing. That may seem like a mere inconvenience until you consider that it may also cause: excessive drooling, infection, pain and swelling, chipped or cracked teeth, injuries to the gums, damage to fillings, increased saliva flow, hypersensitivity to metals, scar tissue and nerve damage.

These harmful effects can happen during the piercing, soon after or even long after the procedure.

An infection can quickly become life threatening if it's not treated promptly. For example, oral piercings carry a potential risk of endocarditis, an inflammation of the heart valves or tissues. Bacteria can enter the bloodstream through the piercing site in the mouth and travel to the heart, where it can colonize on heart abnormalities. This is a risk for people with heart conditions and, in the worst of cases, results in death.

After a piercing the tongue may swell. There have been reports of swelling serious enough to block the airway. And it's very possible to puncture a nerve during a tongue piercing. If this happens, you may experience a numb tongue – nerve damage that is sometimes temporary, but can be permanent. The injured nerve may affect your sense of taste or how you move your mouth. And damage to the tongue's blood vessels can cause serious blood loss.

In addition, piercing jewelry can sometimes cause allergic responses to the pierced site. The jewelry can even get in the way of dental care by blocking X-rays.

Don't pierce on a whim. The piercing will be an added responsibility to your life, requiring constant attention and upkeep. Talk to your dentist for more information.

## TBI support groups available for servicemembers, family

**T**raumatic Brain Injury support groups for servicemembers and their families are now available on Mondays at Landstuhl Regional Medical Center.

A session for family members of patients with TBI is held from 9:30 to 11 a.m., and a session for service members is conducted from 3 to 4:30 p.m. Both support groups meet at the Neurology Clinic in Ward 6C.

The groups will be offering education on TBI and current treatment options. The groups will also provide an opportunity for social support and to communicate different strategies for dealing with ongoing symptoms of a Traumatic Brain Injury.

For more information, call Jeanne Jahosky at 486-8235 or 06371-86-8235 or Sgt. William Pfannenstiel at 590-5601 or 06371-9464-5601.



LRMC, which falls under the command of Europe Regional Medical Command, is the largest American hospital outside of the U.S. and is verified by the American College of Surgeons as a Level II Trauma Center, making it the only U.S. medical facility overseas to hold that distinction, and only one of three in the Department of Defense.

LRMC provides primary care, tertiary care, hospitalization and treatment for more than 245,000 U.S. military personnel and their families within the European Command.

LRMC is also the evacuation and treatment center for all injured U.S. servicemembers, contractors and members of 44 coalition forces serving in Afghanistan and Iraq, treating approximately 60,000 since January 2004.

(Courtesy of Landstuhl Regional Medical Center Public Affairs)

# COMPETITION CHALLENGES KMC MEMBERS TO LOSE WEIGHT, GET HEALTHY

**Story and graphic by  
Senior Airman Amanda Dick  
86th Airlift Wing Public Affairs**

*Editor's note: This is part one of a three-part series on the Biggest Loser Competition and the KMC members who are working to achieve a better lifestyle while losing weight.*

The fourth annual Biggest Loser Challenge kicked off on Ramstein Jan. 11 with the first round of weigh-ins and fitness assessments.

"The biggest loser is a competition for individuals motivated to lose weight themselves who have the motivation not only from within but also from their peers, families and work colleagues," said Edward Wilson, 86th Services Squadron fitness specialist. "It is a challenge. The trainers involved and the health classes offered through the supporting units on base are there to help and support these individuals in bettering their lifestyle and health."

Six participants were selected this year to work out with a Cooper Institute certified professional trainer. The services each contestant receives in this competition for free

would cost thousands of dollars off base, Mr. Wilson said.

"In comparison to what we offer them here for free, if you were to pay for the services we are offering them, it's more than an \$8,000 value per month," he said. "So, we're giving them \$24,000 worth of services for three months during this competition for free."

Competitors will meet for physical training sessions with their trainers at least three times a week and are weighed-in and taped once a week. On top of the training, each person is also given a personal diet plan from a Ramstein Health and Wellness Center dietician.

For one participant, her workout consists of 35 minutes of strength and 40 minutes of cardio.

"Each day, we focus on upper



body, lower body or chest," said Naomi Voss, military spouse, step-mother of two girls and mother of two young boys, ages 22 months and 3 months.

So far, Mrs. Voss said she's lost a total of 6 1/2 pounds with the Biggest Loser. Her short-term goal is to drop a size by summer, and her long-term goal is to get back into a size 10. No matter how much weight she loses,

she said health is her driving force.

"I want to be healthy for my family," she said. "I also need my confidence back, and I just can't get back to being me until I feel good about the way I look again."

And this was exactly what Mrs. Voss tried to convey in the essay she submitted to be a participant.

"I want to be full of energy when I get up in the mornings and be able to

get up and down off the ground with my boys with ease," she wrote in her essay. "The thing I don't want to be is the mom whose kids are embarrassed to be seen with. I don't want my kids to get teased because of me. I want them to be proud of me."

And that is what the trainers for the Biggest Loser are trying to help her and the other participants achieve, but in a safe manner.

"Our main goal is the safety in losing weight, so it doesn't come back, and they don't regress after the competition," Mr. Wilson said, adding that the competition was meant to help participants reach their goals through "better lifestyle habits, diet and physical activities" and not by adding supplements to their diets to increase weight loss.

Along the way, participants have several incentives. Mr. Wilson said several sponsors, both on and off base, have donated prizes to the competition. Prizes will be given for weekly achievements, and the contestant who loses the most weight and inches at the end of the competition will receive exercise equipment. The competition will last through the end of March.



## Rugby recruitment drive

The Ramstein Rogues Rugby Football Club is now beginning training for the spring season. The club is actively seeking new recruits of all talent ranges to fill up the powerhouse of Ramstein Rugby. All skill levels are welcome. Training takes place at 6:30 p.m. Tuesdays and Thursdays at Pulaski Field. The club is in a close three-way tie for second place in the Rhienland-Pfalz Rugby Division-III and recruitment is critical for continued success. All players and recruits are invited. For more information, visit the club's Web site at [www.ramsteinrogues.com](http://www.ramsteinrogues.com) or e-mail the team at [ramsteinrogues@hotmail.com](mailto:ramsteinrogues@hotmail.com).

## Next Saar-Pfalz Braves game

The next Saar-Pfalz Braves basketball game in the KA region will take place at 6 p.m. Sunday in the Sportzentrum Homburg-Erbach,

Steinbachstrasse 111 (15 miles west of Ramstein). This time, the Braves will play team USC Freiburg (from the Black Forest area). Tickets cost between €7 and €13 for adults, €2 for children between 6 and 12 years old, and free for children under 6. Family tickets are also available. For more information, visit the team's Web site at [www.saar-pfalz-braves.de](http://www.saar-pfalz-braves.de).

## Men's softball tryouts

The Ramstein Rams men's varsity softball team will hold tryouts starting March 1 on the Southside Softball Field. Tryouts will take place March 1, 3, 6, 8, 10, 13, 14 and 15 from 5 to 8 p.m. during the week and from noon to 4 p.m. on weekends. For more information, call head coach Master Sgt. Jason Acre at 480-3685 or assistant coach Tech. Sgt. Ryan Schnyders at 489-6916.

## Personal training now available

Bust the winter blues and get in shape for spring. Begin training now with a personal trainer. Trainers are available at the Rhine Ordnance Barracks gym (Bldg. 172 on ROB), Landstuhl Fitness Center (Bldg. 3720 on Landstuhl Post) and Kleber Fitness Center (Bldg. 3235 on Kleber Kaserne). For more information, call 483-7610 or 0631-411-7610 or visit [www.mwrgermany.com](http://www.mwrgermany.com).

## Wii now at fitness centers

Shake up your fitness routine with some Wii. Play Wii Sports or Wii Fit for free and add a whole new dimension to your activity. For more information, call the Rhine Ordnance Barracks gym at 493-2241 or 0631-3406-2241 or the Landstuhl Fitness Center at 486-7172 or 0631-3406-7172. For more information, visit [www.mwrgermany.com](http://www.mwrgermany.com).

# HAPPY VALENTINE'S DAY



ABRESCriptus

## Your suitcases are already waiting!

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The average person will spend approx. 20,160 min. kissing in their lifetime.

Men who kiss their wives in the morning live five years longer than those who don't.

Don't run after love. It will run after you, and if you just stand still, it will catch you.

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or 25 min. Massage .....	
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Handmask + Peeling .....	€8.50
or Eyebrow Wax .....	
Reg. Price .....	<del>€68.50</del>
<b>Special Price .....</b>	<b>€59</b>

Gift certificates available!

**Opening hours:**  
Mon-Sun:  
9 a.m. - 9 p.m.

\*Offer valid till February 15, 2010, as gift certificate valid until December 31, 2010.

Two out of five people marry their first love.

A fairly passionate kiss burns an average of 9 calories.

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<b>Special Price .....</b>	<b>€59</b>

Gift certificates available!

**Opening hours:**  
Mon-Sun:  
9 a.m. - 9 p.m.

\*Offer valid till February 15, 2010, as gift certificate valid until December 31, 2010.



# NOW SHOWING

## Gateway Cineplex (Ramstein)

**FRIDAY** - Dear John (PG-13) 11:30 a.m., 2:30 p.m., 6:30 p.m., 9 p.m.  
 The Blind Side (PG-13) 11 a.m., 2 p.m., 6 p.m., 8:30 p.m.  
 Everybody's Fine (PG-13) noon, 3:30 p.m., 6:45 p.m., 9:30 p.m.

**SATURDAY** - Dear John (PG-13) 11:30 a.m., 2:30 p.m., 6:30 p.m., 9 p.m.  
 The Blind Side (PG-13) 11 a.m., 2 p.m., 6 p.m., 8:30 p.m.  
 Everybody's Fine (PG-13) noon, 3:30 p.m., 6:45 p.m., 9:30 p.m.

**SUNDAY** - Dear John (PG-13) 11:30 a.m., 2:30 p.m., 6:30 p.m.  
 The Blind Side (PG-13) 11 a.m., 2 p.m., 6 p.m.  
 Kung Fu Panda (PG) noon, 3:30 p.m., 6:45 p.m.

**MONDAY** - Dear John (PG-13) 11:30 a.m., 2:30 p.m., 6:30 p.m.  
 The Blind Side (PG-13) 11 a.m., 2 p.m., 6 p.m.  
 Everybody's Fine (PG-13) 12:15 p.m., 3:45 p.m., 7 p.m.

**TUESDAY** - Dear John (PG-13) 11:30 a.m., 2:30 p.m., 6:30 p.m.  
 The Blind Side (PG-13) 11 a.m., 2 p.m., 6 p.m.  
 Everybody's Fine (PG-13) 12:15 p.m., 3:45 p.m., 7 p.m.

**WEDNESDAY** - Dear John (PG-13) 11:30 a.m., 3:30 p.m., 6:30 p.m.  
 The Blind Side (PG-13) 11 a.m., 2 p.m., 6 p.m.  
 Everybody's Fine (PG-13) noon, 3:45 p.m., 7 p.m.

**THURSDAY** - The Blind Side (PG-13) 11 a.m., 2 p.m., 6 p.m.  
 Everybody's Fine (PG-13) noon, 3:45 p.m., 7 p.m.  
 Kung Fu Panda (PG) 11:30 a.m., 3:30 p.m., 6:30 p.m.

## Galaxy Theater (Vogelweh)

**TODAY** - The Blind Side (PG-13) 7 p.m.

**SATURDAY** - Everybody's Fine (PG-13) 3 p.m.  
 Edge of Darkness (R) 7 p.m.

**SUNDAY** - The Blind Side (PG-13) 3 p.m.  
 Edge of Darkness (R) 7 p.m.

**Galaxy Theater will be closed Monday, Tuesday, Wednesday and Thursday**

*Editor's note:* Schedules and synopses are provided by the Army and Air Force Exchange Service. Movie times and dates are subject to change by the individual theaters. Please check with the theater to ensure accuracy.

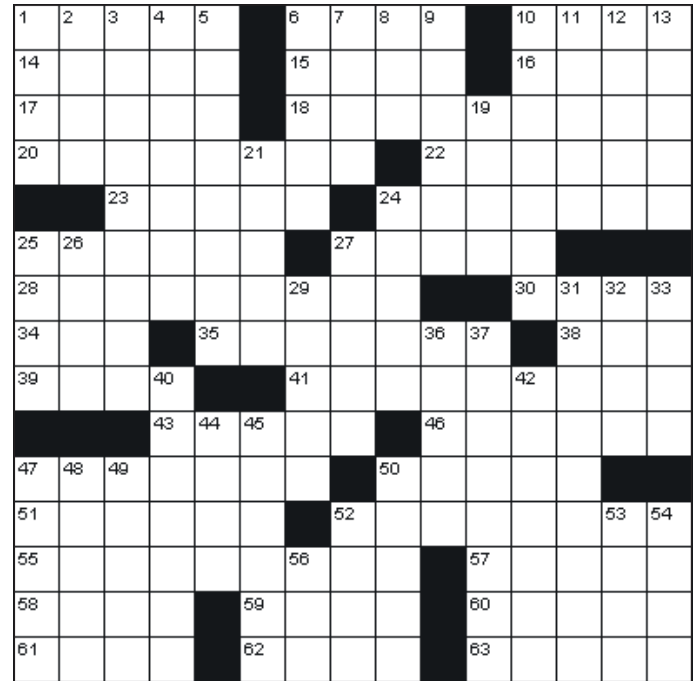
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 Digital 3D: Avatar (PG13)- Fri 16:30, 19:30, Sat 13:00, 16:00, 19:15, 22:30, Sun 13:00, 16:15, 19:30, Mon 17:00, 20:00, Tue & Wed 17:30  
 Digital 3D: Cloudy With A Chance Of Meatballs (PG)- Sat & Sun 13:00, Mon 15:00  
 Alvin And The Chipmunks 2 (PG)- Sun 13:30  
 It's Complicated (R)- Fri 17:30, Sat & Sun 15:15, Mon 15:00

**Percy Jackson And The Lightning Thief (PG)-Fri 15:00, 17:30, Sat & Sun 13:30, 15:15, 17:45, Mon 15:00, 17:45, Tue & Wed 18:00**  
**Sherlock Holmes (PG)- Fri 15:00, Sat 15:15**  
**The Blind Side (PG13)- Fri 15:00, Sat & Sun 13:00, Mon 15:00**  
**The Wolfman (R)- Fri 15:00, 20:00, 22:30, Sat 17:45, 20:00, 22:30, Sun 15:15, 20:00, Mon 17:45, 20:30, Tue 20:30, Wed 18:00, 20:30**  
**Valentine's Day ((PG13)- Fri 15:00, 17:15, 22:30, Sat 13:00, 15:15, 17:45, 22:30, Sun 13:00, 15:15, 17:45, Mon 15:00, 17:45, 20:30, Tue & Wed 18:00, 20:30**

For Showtimes until Thur FEB 18, call 06371-937 037 or see www.broadwaykino.com/kmc



Puzzle courtesy of http://thinks.com/

### ACROSS

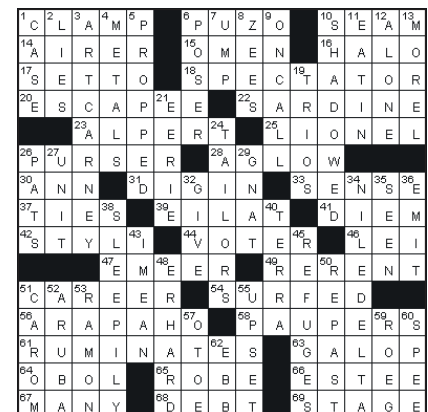
- 1 Augured
- 6 French cop
- 10 Con job
- 14 Speechify
- 15 Floor covering, for short
- 16 1000 grams
- 17 Company division
- 18 Carmen's toreador
- 20 Reed instrument
- 22 Less cluttered
- 23 Metal bar
- 24 Chamberlain's doctor role
- 25 Like italics
- 27 Zest
- 28 Blended
- 30 Chief Norse deity
- 34 Be busy
- 35 Give sparingly
- 38 I, to Claudius
- 39 Jazz style
- 41 Examples
- 43 Author Jong
- 46 Pact
- 47 Gunwale attachment
- 50 Silver, e.g.
- 51 Detective
- 52 Revolutionary War battle of 1777
- 55 Spiteful
- 57 Majestic
- 58 Kingsley or Martin
- 59 Pop musician Lofgren
- 60 Supplant
- 61 Short letter
- 62 Adhesive
- 63 Paces

### DOWN

- 10 Split
- 11 Fine hairs
- 12 To go for Frenchmen
- 13 Poet Marianne
- 19 Soft roe
- 21 Untrue
- 24 Glory
- 25 Sieben plus eins
- 26 Become bitter
- 27 Oscar winner Davis
- 29 Hit it off well
- 31 Ten Commandments
- 32 "\_\_\_ a Kick out of You"
- 33 Inquisitive
- 36 Complete
- 37 Infernal abyss
- 40 Actor Dom
- 42 Dandiest
- 44 University mil. grp.
- 45 Book of Changes
- 47 Ottoman empire founder
- 48 San Antonio mission
- 49 On again
- 50 En \_\_\_ (as a group)
- 52 "Star Trek" crewman
- 53 "The World According to \_\_\_"
- 54 Swiss heights
- 56 Vinaigrette ingredient

### DOWN

- 1 Pear variety
- 2 Spoken
- 3 Tibetan religious leader
- 4 Always existing
- 5 Intended
- 6 Armada
- 7 It's just one thing after another
- 8 Business abbr.
- 9 Ring-tailed animals



Solutions to the Feb. 5 puzzle

# At The Movies

Visit [www.kaiserslauternamerican.com/movies.php](http://www.kaiserslauternamerican.com/movies.php) for details



**Dear John (PG-13)** — Special Forces Army Sgt. John Tyree is home on leave when he meets and falls for Savannah Curtis, a conservative college girl.

But instead of returning home to her after his enlistment ends, he re-enlists after the Sept. 11 attacks. Because of this, time and distance begin to take a toll on the young lovers.

*Starring Channing Tatum and Amanda Seyfried.*

**The Blind Side (PG-13)** — Michael Oher, a homeless African-American youngster from a broken home, is taken in by the Tuohys, a well-to-do white family who

help him fulfill his potential on and off the football field.

At the same time, Michael's presence in the Tuohy family's lives leads them to some insightful self-discoveries of their own. Living in his new environment, the teen faces a completely different set of challenges to overcome.

As a football player and student, Michael works hard and, with the help of his coaches and adopted family, becomes an all-American offensive left tackle.

*Starring Sandra Bullock and Quinton Aaron.*



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E-mail submissions to [class@kaiserslauternamerican.com](mailto:class@kaiserslauternamerican.com), or call Anna at 0631-30335531 or Sabrina at 0631-3578306. You may also stop by our offices, located in Kaiserslautern at Europaallee 3 and Kaiserslautern-Einsiedlerhof at Weilerbacher Str. 110.

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**APTS FOR RENT**

= see photo @

[www.kaiserslauternamerican.com](http://www.kaiserslauternamerican.com)

<p>!! * Apts. from Private, different sizes from 608.--€ +util. up to 1025.--€+util. available in February. www.private-rental.de or Ph: 06307-1717 Comfortable distances to RAB, K'town and Hospital. </p> <p>!! <b>147 sqm</b> Apt new renov Hütschenhausen 3BR BIK 2baths lrg livrm lrg dinrm stor 2cpks garden use €920 +util 0172-1313048</p> <p>! <b>A Beaut</b> Apt 20min RAB 15min hospital 15 Vogelweh 4BR walk-</p>	<p>in closet bathrm w/big shower + whirlpool bathrm w/shower &amp; WC liv/din rm new BIK terr w/very beautiful view near forest very quiet sunroom laundry w/warm water floor heat compl tiles 171sqm AFN connect DSL €1050 +utl avail now Tel. 06333-64411 or 0170-9355555</p> <p>!! <b>3 Bedr Apt full size</b> bath BIK patio BBQ place 87sqm in new house €540 +util 06301-710116</p> <p><b>10 min to RAB.</b> Nice, light Apt in KL-Erfenbach. 2 bedr. BIK, patio, 1 bathr. for 600 € + utilities.</p>	<p>Immoconcepts. 06385-345302. </p> <p><b>100sqm 2BR Apt.</b> or 0162-1929405</p> <p>10min RAB/K-town, nice residential. Partly furn. 1 Bath, BIK, Open Din/Liv area, Room with Washer/Dryer, Big Balcony, Garage, SAT/DSL. Heat/Water incl. 820 €. 01733415228 english speaking </p> <p><b>3 BR Apt.</b> in Schopp near Vogelweh, bik, balcony, fireplace, garden, 134sqm, rent 800 + ult. call 01709040578</p> <p><b>4BR Apt Obernheim</b> 90sqm BIK w/dinrm, 1full bath, stor, garden</p>	<p>Call + garage, balc lg basem WC, storage, attic, garage or park spot €900 + €150 heat + €30 p. p. water + €15 trash (garage €40) 0173-6313-419</p> <p><b>A Top-full- furnished</b> Apt, 110 sqm, DSL, AFN. Ready to move in. Stay as long as you like. Location: 66978 Merzalben, Höhstrasse 12. Call Roland Frick: 06395-6206 or Cell: 0171-7735892</p> <p><b>Apt in Mehlbach,</b> Pferchstr. 9, 2 floors, bright, 160 sqm liv space, 1st floor: 2br, BIK, lrg bath, corner bathtub, closet, lg balcony; 2nd floor: lrg liv rm 70 sqm, fireplace, modern renovated, guest</p>
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**Bann: townhouse, 5** bedrm, living-diningrm., built-in-kit., 3 bath, patio, yard, garage, 1.300 € + util www.AGRA-immobilien.de 06371-57656 or 0175-5797770

**Brand new freestanding** House in Rab school, 280sqm., 7 bedrms., 3 baths., b.i.k., open-fire-place, garage fenced yard Pets are allowed 2.250€uro +util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 06371-499994

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**Clausen, House for** rent, 160 SQM, 3BEDR, 1 3/4 Bath, LR/DR, BIK, Basement, big garden with pool, parking in yard, pets welcome, €1000 + util, call Petra after 5 p. m. 06333/77117

**Duplex 120sqm** Mehlingen Froehnerhof 3BR liv rm din rm BIK 1.5bath cpks yard 10min RAB ideal for single €840 +util 0170-9559115 or 0176-78483490

**Duplex House Kindsbach** 185sqm 5BR BIK garden garage 1.5bath €1105 no pets. 0173-7741927. Please do not call before Sunday.

**Enkenbach-Alsenborn, free, 158sqm,** big Livingr, 3Bedr, 1,5Bathr, Garage, Garden, EUR 980,- + util, M. +49 171 6949026

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**Furnished house for** rent near K-Town & close to Sembach, 190sqm, 2 stories, car parking, 4 rooms, 2 bathrms, kitchen +dinning area, washroom, balcony, terrace, 1000€ + util, call 0176-233-98220 or 0171-768-7729

**Homburg, (16 mls west** of RAB, only highw.), nice fst., 2gar, 4br, 2.5 bath, firepl, loft + studio, excl. neighbourh., €1600 +u. av. 05. March. KKA Immobilien, Tel. 0172/6855976 Melinda or 0176/78263389 Karl

**Horbach, new 140 sqm,** 4BM duplex, garage, E1070, Immobilien T. 017665881298

**House Kirchenarnbach,** near LRMC, ca. 180sqm, 3br, 1 big liv/din, 2.5bath, 2stor rm, big bik, garage, lg balc, basem no pets €1250 + util, 06371-62031 / -63407 ans mach

**Kollweiler, 10min to** Ramstein, new 6BM, 2,5baths, 250sqm duplex,

garage E1650, Immobilien T.0176-65881298

**Kusel, luxury FSH,** 360 sqm, 7 BDR, 4 baths, nice yard rent €2500 ZIAI Immobilien 06371 57888

**Linden, 10 min to** Vogelweh, 10 min to hospital, nice 220 sqm, 5BM, floor-heat, 2gar, carport, open-fire-pl, €1600 Immobilien T. 017665881298

**Linden, 10min to** Vogelweh, 4BM house, 2garages, patio, E990 Immobilien T. 017665881298

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**Massweiler, house, quiet,** 240 sqm, 1.5 bath, lr, dr, kitchen, 4 bdrm, loft, garage, 20 min to Landstuhl, 1100,- +util, no pets, no smoking, tel. aft 5 to 7 pm: 0157-74287883

**Near Glan-Münchweiler:** 5 bedr. House, 3 bathr, patio, fenced in lot, side road € 1.700, RE/MAX Real Estate Center Kaiserslautern, Denisstr. 06371-57656 or 0175-5797770

or 0170 / 6850060 ask for Wolfgang, email: wolfgang.wiedmann@remax.de

**Obernheim-Kirchenarnbach, 5min to hospital:** Nice 3,5 Bm duplex, 190 sqm, studio, 2 baths, balcony, yard, €1220, Immobilien T. 0176-65881298

**Otterberg, 5 min,** brandnew house, 250 sqm, 5 BDR, 2baths, rent €1670 ZIAI Immobilien 06371 57888

**Ramstein school district:** beautiful freestanding house, 4 bedrm, living-diningrm., built-in-kit., 2.5 bath, laundryrm., patio, yard, garage, 1.680€ +util www.AGRA-immobilien.de 06371-57656 or 0175-5797770

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**Ramstein, 15 min,** nice house, 180 sqm, 5 BDR, 2,5 baths, yard, pets ok, rent € 1100, ZIAI Immobilien 06371 57888

**Ramstein-Miesenbach, 130sqm, 3BM** duplex, patio, €950 Immobilien T.017665881298

**Ramstein-school: duplex, 4** bedr., 1,5 bath, carport, €1.140,- +util., duplex, 7 bedr., 2 bath, fire place, sun room, garage, €1.850,- +util., I.B. und Immobilienservice Thomas Sourisbeaux 06374 995 694 Thomas.SX@t-online.de

**Ramstein: duplex, 2** bedrm., living-dining rm., built-in-kit., 1 bath, full basement, yard, garage, 625€ +util www.AGRA-immobilien.de 06371-57656 or 0175-5797770

**Rehweiler 130sqm with** big yard 3BR liv rm kit bath guest-WC storage 10min to RAB Schoolbus stop 50m from house €850 +util avail now Call: 0170-7039893

**Rodenbach, 230 sqm** Freest Tower House, garage, 4BR, 2baths, property,1900€ + util Call GS Immobilien 0171-2180962 or 06371-613942

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**Siegelbach 240 sqm +** large bsmt, 5 BR + 3 BA, garage, carport, wood stove, sauna, near base, nice & quiet location. 1980€. Ready end of Feb. 08001821149 www.fotothing.com/sales

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**Vogelweh, 15 min,** nice house, 260 sqm, 3BDR, 2 baths, rent € 1600 ZIAI Immobilien 06371 57888

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!!!!!!! 5 Bdrm Single House in Martinshöhe, Landstuhl School Distr, 2 1/2 bth, Open Firepl, Dbl Garage, 227 sqm Liv Sp, 1106sqm lot, 235000 Euro. Call Doris Drewlow or Marion Goetsch, RE/MAX Real Estate Center, Tel: 0631 / 41408880, 0178 - 5698441 or 0176 / 62324014 doris.drewlow@remax.de or marion.goetsch@remax.de

!!!!!!! 1 Fam Home in Glan-Münchweiler, 237sqm Liv Space, plus basement, bath, pantry, storage area double garage, built-in kitchen, wintergarden, 1car garage & covered fireplace. It has a total of 12 rooms, 1158sqm lot, The 3rd floor has A/C &

339000€. Avail to move in o/a Jul 2010. Call Doris Drewlow, Realtor, RE/MAX Real Estate Center, Tel: 0631-41408880 or 0178-5698441 doris.drewlow@remax.de

!!!!!!!Attention, in the amount of 376000€ as well as an energy pass are on Hand. Important - Seller can cover all closing costs, of course not for this price, if necessary. Several generations incl grandma will have a lot of space here. The bathrms except for the 3rd floor (1989) are new. The house is totally insulated inside. The apt on the bottom floor has a sep entrance but can also be entered from within the house. It has 2 bedrms, livrm, kitchen & full bath + 2 patios. 1st floor apt provides 3bdrms, livrm w/ exit to balc, dinrm, eat-in kitchen, shower bath, guest-toilet & pantry. The 3rd floor apt has 3bdrms, liv/dinrm, kitchen w/ breakfast bar, shower bath, pantry, storage area

insulated inside. The apt on the bottom floor has a sep entrance but can also be entered from within the house. It has 2 bedrms, livrm, kitchen & full bath + 2 patios. 1st floor apt provides 3bdrms, livrm w/ exit to balc, dinrm, eat-in kitchen, shower bath, guest-toilet & pantry. The 3rd floor apt has 3bdrms, liv/dinrm, kitchen w/ breakfast bar, shower bath, pantry, storage area double garage, built-in kitchen, wintergarden, 1car garage & covered fireplace. It has a total of 12 rooms, 1158sqm lot, The 3rd floor has A/C &

all windows have screens. A lot of the furn avail upon request. Beautiful view, located in a quiet side street next to the woods in Hirschhorn! Please register via email: agilator@freenet.de

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**Air Force and Army Chapel Schedule**

**Protestant Services**

- Daenner Chapel**  
Saturday Seventh-Day Adventist Sabbath School 9:30 a.m.  
Worship service 10:50 a.m.  
Sunday Protestant Worship and Kids' Church 10:00 a.m.  
POC USAG-K Chaplains Office 493-4098, Civ. 0631-3406-4098, BLDG 3150
- Landstuhl Chapel**  
Sunday Protestant Worship and Kids' Church 11:00 a.m.  
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- Miesau Chapel**  
Wednesday WOW (Worship on Wednesday) 7:00 p.m.  
POC USAG-K Chaplains Office 493-4098, Civ 0631-3406-4098
- Ramstein North Chapel** (480-6148)  
Contemporary Service, 10:30 a.m. Sunday
- Ramstein South Chapel** (480-5753)  
Liturgical, 9 a.m. Sunday  
Traditional Service, 10:45 a.m. Sunday
- Vogelweh Chapel** (489-6859)  
Gospel Service, 10:45 a.m. Sunday  
Protestant Education Classes are available for all ages at Vogelweh, Ramstein, Landstuhl and Daenner. For more information, call 480-2499 or 489-6743.

**Jewish Religious Services**

- Ramstein South Chapel Synagogue** (480-5753), Shabbat Evening Service, Nov-Mar, Fridays, 6 p.m.  
Apr-Oct, Fridays, 7 p.m.  
Adult Religious Education, 7 p.m. Mondays

**Catholic Services**

- Ramstein North Chapel** (480-6148)  
Sunday Mass, 8:30 a.m., 12:30 and 5 p.m.  
Confessions, 4 to 4:45 p.m. Sunday  
Daily Mass, 11:30 a.m. Mon through Fri
- Vogelweh Chapel** (489-6859)  
Confessions, 4 to 4:45 p.m. Saturday mass, 5 p.m. Saturday
- Daenner Chapel**  
Sunday Confessions 10:45 a.m.  
Sunday Mass 11:30 a.m.  
Daily Mass 11:45 a.m. Tue - Fri  
POC USAG-K Chaplains Office 493-4098, Civ 0631-3406-4098
- Landstuhl Chapel**  
Sunday Mass 9 a.m. & 12:30 p.m.  
Daily Mass noon Mon - Fri  
POC USAG-K Chaplains Office 493-4098, Civ 0631-3406-4098

**Islamic Services**

- Ramstein South Chapel Mosque** (480-5753), Jum'ah Prayer, Apr - Oct, Fri: 1:30 p.m. - 2:30 p.m.  
Nov - May, Fri: 12:30 p.m. - 1:30 p.m.  
For Religious Education and Daily Prayers check Prayer Schedule

**Orthodox Christian Services**

- Kapaun Chapel**  
Diving Liturgy, Sundays, 10:30 a.m.  
Vespers, 1st Saturday, 5 p.m.  
1st Saturday Confessions, 6 p.m.  
For more information, call 480-6148

**Pulaski Youth Center**

- Monday "Genesis" Dance Night (grades 6-12)
- Tuesday Musician's Night (grades 6-12)
- Saturday "The Rock" (grades 9-12)
- Small Groups "Plugged-In" (grades 6-8)
- For more info call USAG K - Chaplain's office at 493-4098, Civ 0631-3406-4098

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**Excl freestanding house,** 15 Min. to Rab, 4 bedrms., + studio. 3 baths., modern b.i.k., floor-heating, open-fire-place, 2 garages fenced yard quiet area Price 240 000 €uro + util Anne S. Neumann Immobilien4you Tel: 06372-803641 or 06371-499994

**For Sale, Rehweiler,** Ramstein School, free standing huge house with garage, basement, sep. guest-apartment, fireplace, 1000 s.qm property, 345.000,- €0171 / 4783904 [www.immobilien-helga-stenschke.de](http://www.immobilien-helga-stenschke.de)

**For Sale, Steinbach,** Ramstein School District, freestanding house with garage, fireplace, 4 bedrooms, 2 baths, terrace, bik, owned by American, no fee, 160.000,- €0171/4783904 📞

**Freestanding house,** 15 Min. to RAB, 280sqm., living-space, 4 bedrms., + studio, b.i.k., 3 baths., garage, yard, open-fire-place Price 320 000 €uro Anne S. Neumann Immobilien4you Tel:

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**House Dunzweiler, 5Rms,** liv/BIK, bath, guest WC, sunroom, basem, side building, 4garages, +parking spot, hillside garden, oil heat & solid fuels, Iso windows, approx. 120sqm 9.9ar Call: 0033-387-82-71-48 📞

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dinrm, kitchen, 1.5bath, laundry, garage, patio, balc, wood floors. For appt call 06371-961827

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**Rheinland Baptist Church**  
 Bahnstrasse 124a Landstuhl  
**Gib Wood, Pastor**  
 Phone: 06371-16148 (Ofc.) • 06383-5597 (Home)  
**Schedule of Services**  
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 Evening Worship 6:00pm, Wednesday Service 7:00pm  
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**Volvo V70 '09** station Send 500-750 word essay, wagon, 14k miles, white cover letter, study outline, with black leather, auto, culturalexperiences to NAV, premium pkg, kaiserslautern@agbc.de climate pkg, convenience **Announcing a new** blog pkg, Blue-tooth, park dedicated to military sensors, power rear door, spouses. Share your loaded! \$27,500; e-mail comments or initiate kbrown@uso.org or call topics. Say what's on 0171-4740964 your mind. Please visit

**Volvo V70 Diesel** Automatic Built 2002, 174000 KM, Navigation com/. We look forward to system, Phone, compl. getting to know you. Leather trim, Sun roof, **Considering adoption?** many Extras Call. 0631-56587 Euro 8990.- ☺

**white 1996 pontiac** sunfire se 2dr coupe, good condition, new battery, alternator, tires, brakes all around and rotors in back. asking \$1500 obo. kat: 0174-2416073 / dick: 0174-2416066.

**ANNOUNCEMENTS**

☺ = see photo @

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**1000 Euro Scholarships** from American German Business Club for like to meet new friends,

help each other out with babysitting and to enjoy family days together. If interested contact Jeanette 0176-61285420 or email: ladymerc81@yahoo.com

**Honey come home** we miss you! ☺ **house cleaning services.** PCS, weekly cleaning. you call we clean 0174-1408785

**I am in** search of any information "Auto Accident". Happened Saturday 16 Jan 2010 on the A6 Vogelweh - Ramstein headed West-bound toward Saarbrücken. Occupant of vehicle hospitalized. Pls contact me with any information. Hawkeyesnooky88@yahoo.com

**Dancers with background** in ballet, jazz dance, latin dance etc. ... for a non-profit dance company. Contact: balletmaster1@yahoo.de

**Hi Single Parents!** I am looking to start a group for single parents who would like to meet new friends,

**post child care services.** **Qualifications should be checked and references requested before placing any child in the custody of child care providers who have not been screened.** **\*\*\*Anyone providing more than 10 hours of care per week, on a regular basis, MUST be licensed by the FCC office. If you do not have a license and provide care, you could possibly lose your base housing privileges.\*\*\*** **! A Farmlife** for your child. Loving family w/ horses & farm animals. Live-out-nanny, very flex, will also take dissabled children! 06371-18461

**Child care avail** ages 0-4yrs flex hrs at my house in Steinwenden 3min RAB 06371-57594 lv msg

**CHILD CARE**

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**KA advertisers living on base/post and offering child care services are on the approved list of Family Child Care (FCC) providers. Those living off base/post offering these services in the KA are not screened by FCC. Use good judgement when choosing off base/**

**German mom has** openings part- or fulltime. Every age is welcome. References available. Call Dagmar: 06385/993240

**Opening from birth** to 1yr. Experienced 10min to Westgate clean educational fun w / references Call Erika 06371-611266 or 0174-7513175 lv msg if not home

**FOR SALE--MISC**

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**220 Volt Electric** BBQ Grill indoor new in box 13in wide, with adjustable thermostat \$30 evenings. Russ 06306-1339

**Baby's R' Us** german girls crib. New has been put together, including bedding and night light. No longer need. \$170 dollars. call or email for more info onyee.love@yahoo.com 015115500421 lv msg

**CD Micro Component** Stereo System with AM/FM, Aux in, Full function remote, Powered CD door, Equalizer, and operating instructions. In perfect condition like new. New price was \$130. Now asking \$45. Tel. 06333-602372 ☺

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0681 895 6881 or email scott.morinsuperkabel.de for pics

**For Sale: 110v 65" Sony Rear Projection TV.** Approx. 4 years old, works great. \$600 OBO. Please call 0171-623-9923, or email mjcbns@aol.com

**Fostex FR-2LE Compactflash Field Recorder:** New, 350 euros. Normally sells for \$600. Tel.016095634493

**German Crib and Bedding Set.** Located in Lanstuhl. Everything in pic. \$150 email me if interested @ jadeci11@yahoo.com.

**Honda Civic LSi Automatic,** Model '95, Only. 95000km, 4Dr, everthing. PWR, CD, runs good, \$ 3350. Call. 017696540700

**JVC 32" flat screen TV;** 120v; 88cm W x 70cm H x 57cm D; two remotes; minor cosmetic damage; \$200; 06374/944879 after 1700

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**Nice wooden furniture,** pictures and needful things, for sale in Mackenbach Call: 0174-4039760

**Nintendo DS, 1 yr old,** plus games and accessories for sale. \$100. Call 0151025379904

**Playstation 2 with 8 games,** memory card and controllers are included. \$80 obo 0631-56000107 evenings

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**\$132** monthly payments for 36 months For QS Poster Bed Package

**KS Sleigh Bed** **IN STOCK**  
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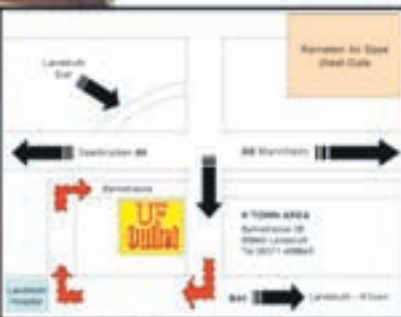


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**Versailles curio cabinet;** 2.35m H/1.10m W/45cm D; \$995 new; asking \$650; will deliver; 06374/944879 after 1700

**Wooden baby crib/toddler** bed frame, honey

color, \$50; Eddie Bauer wooden high chair, light wood color, \$30; various riding toys for toddler, \$10 ea. Call 06374-801796 after 7pm

**JOBS**

= see photo @

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**American Dental Asstistant.** Wanted. Exp. pref. Need to be flexible. Call 06371-406230.

**Executive Secretary needed:** Executive secretary GS-07 position open. Please visit [www.usajobs.opm.gov](http://www.usajobs.opm.gov) to apply. USAJOBS control number is 1796271. The AFPC internal vacancy announcement number is 10JAN752037. Please call 06371-47-0435 with any questions. Listing expires on 17 Feb 2010.

**Office secretary engl/germ** speaking wanted 06371 57888

**LOST & FOUND**

= see photo @

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**DSi -- Black** with headphones and charger in drawstring case. 0172-153-0834 \*Reward\*  
**Lost on 27 Jan** in or near gym by Popeye's on Ramstein AB: U. S. Passport, Kenneth Jeffrey Ingram. Call Jeff at 06374-805610 or 0176-2907-3160 or mail to Gartenstr. 19, 67688 Rodenbach.

**Lost: Small Black** Purse, with white skulls on it. Last seen in Downtown K-Town. Has sets of keys in it. If found, please call 0631-5600-2038 \*\*Reward\*\*

**PETS**

= see photo @

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**There have been reports of pets being sold from breeding facilities that are not**

**managed at the highest professional standards. Please choose your pet carefully. Make sure you check the credentials of the people selling the pet, and get proper paperwork showing shots and/or other proof of healthy condition. For further advice, consult your Veterinarian.**

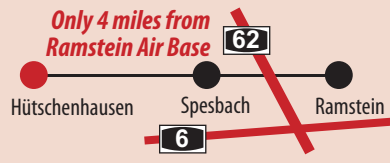
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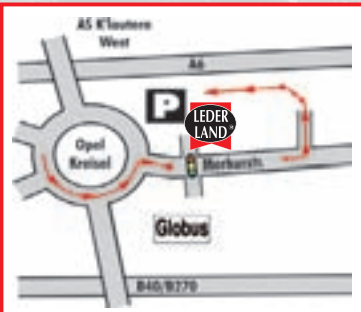


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**Black Magic Cheerleader** Saarbruecken seek to enter still male and female Cheerleader those gladly our team would like over in championships to participate. Experience is not necessary. Fun and team spirit are a condition. Contact: 0157-737-32090 [www.black-magic-cheer.de](http://www.black-magic-cheer.de)  
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Happened Saturday 16 Jan 2010 on the A6 Vogelweh -Ramstein headed West-bound toward Saarbrucken. Occupant of vehicle hospitalized. Pls contact me with any information. [Hawkeyesnooky88@yahoo.com](mailto:Hawkeyesnooky88@yahoo.com)

**Looking for house** to buy, 3 bedrooms, garden, KL/Ramstein area, private only, Email: [memcma@aol.com](mailto:memcma@aol.com)

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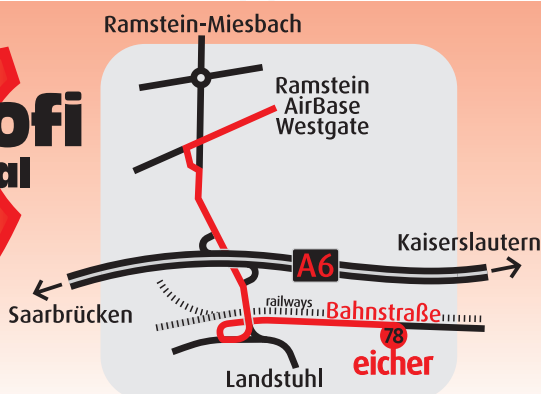
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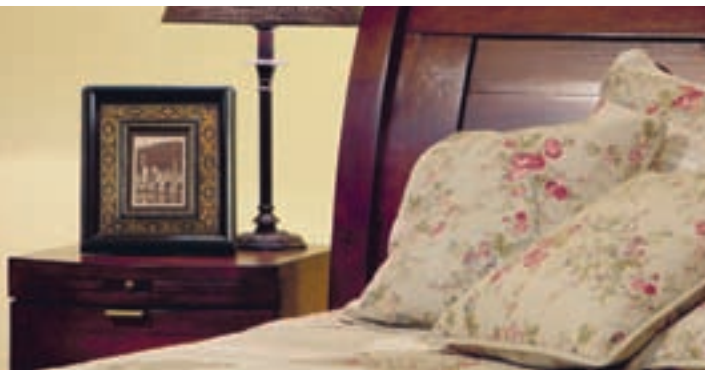
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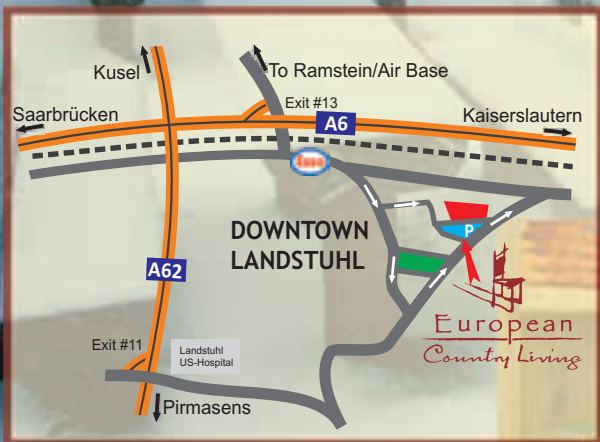
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